This product is helpful for occasional sleeplessness.+

WARNING: This product is not intended to treat insomnia or other sleep disorder. Consult a physician before using this product if under the age of 18, taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder. For ages 4 years and older. Melatonin may cause drowsiness or sleepiness, do not take when driving or operating heavy machinery, or consuming alcohol. If adverse reactions occur, discontinue use, For occasional short-term use only. Use only as directed and do not exceed suggested dose. This product should never substitute healthy sleep practices.

KEEP OUT OF REACH OF CHILDREN STORE IN A COOL, DRY PLACE.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 7697.911 F: 3003343 L: 2010299-23111





SUGGESTED USE: For children ages 4 and up, take 1 tablet 30 minutes before bedtime. Dissolve in mouth or chew before swallowing. No water necessary.

Supplement Facts Serving Size: 1 Tablet Servings Per Container: 30 **Amount Per Serving** %DV Melatonin 1 ma Lemon Balm Extract 1 ma (Melissa officinalis) (aerial parts)

Other Ingredients: Xvlitol, Dextrin, Maltodextrin, Crospovidone, Modified Food Starch, Beet Root Extract (color), Stearic Acid, Natural Flavor, Magnesium Stearate, Silicon Dioxide, Citric Acid. Steviol Glycosides.

Distributed by NATROL LLC Sherman Oaks, CA 91403, USA

Contains: Wheat

*Daily Value (DV) not established.

NO: Milk, Egg, Fish, Crustacean Shellfish, Peanuts, Soybeans, Sesame not use if note.

Do not use if safety seal is damaged or missing.