

Natrol Sleep+® Recovery:

- ✔ Supports better sleep with Melatonin (6 mg per serving)†
- ✔ Supports a healthy inflammatory response with Turmeric†
- ✔ Helps muscle recovery†

This product is helpful for occasional sleeplessness.†

WARNING: Not intended for individuals under the age of 18 years. This product is not intended to treat insomnia or other sleep disorder. Consult a physician before using this product if taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder. Melatonin may cause drowsiness or sleepiness, do not take when driving or operating heavy machinery, or consuming alcohol. If adverse reactions occur, discontinue use. For occasional short-term use only. Use only as directed and do not exceed suggested dose. This product should never substitute healthy sleep practices.

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 7915 F: 3003465 L: 2010553-23165



NATROL®

SLEEP

Sleep+ Recovery

Melatonin + Turmeric,
Antioxidant Blend

100%
DRUG
FREE

- ✔ Supports revitalizing sleep†
- ✔ Helps support a healthy inflammatory response†

30 Capsules

DIETARY SUPPLEMENT

SUGGESTED USE: Adults, take 1 capsule 30 minutes before bedtime.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

Amount Per Serving	%DV
Turmeric Extract (<i>Curcuma longa</i>) (rhizome) (95% curcuminoids)	500 mg *
Antioxidant Blend (Green Tea Extract (<i>Camellia sinensis</i>) (leaf), Blueberry Extract (<i>Vaccinium angustifolium</i>) (fruit), Quercetin, Resveratrol (<i>Polygonum cuspidatum</i>) (root))	25 mg *
Melatonin	6 mg *
Black Pepper Extract (<i>Piper nigrum</i>) (fruit) (95% piperine)	5 mg *

*Daily Value (DV) not established.

Other Ingredients: Hypromellose, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

Distributed by NATROL LLC,
Sherman Oaks, CA 91403, USA
1-800-2-NATROL (800-262-8765)

www.natrol.com

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Sesame.

Do not use if safety seal is damaged or missing.

APPROX.
FILL LINE

LOT/EXP: