

**Natrol Relax+® Ultimate Calm will help you get on your way to a better day:†**



**Reduces occasional stress†**



**Supports a relaxed mood†**



**Feel calm†**



**Feel balanced†**

**WARNING:** Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

**KEEP OUT OF REACH OF CHILDREN.  
STORE IN A COOL, DRY PLACE.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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# NATROL®

## MOOD + STRESS

# Relax+™ Ultimate Calm

**100%  
DRUG  
FREE**

**Ashwagandha, 5-HTP  
and L-Theanine**

- ✔ Reduces occasional stress & tension†
- ✔ Helps you feel calm & balanced†

**30 Capsules**

**DIETARY SUPPLEMENT**

**SUGGESTED USE:** Adults, take 1 capsule daily with or without food.

### Supplement Facts

**Serving Size:** 1 Capsule  
**Servings Per Container:** 30

Amount Per Serving	%DV
L-Theanine	200 mg *
Sensoril® Ashwagandha ( <i>Withania somnifera</i> ) (root and leaf) Extract (10% Withanolides)	125 mg *
5-HTP (5-Hydroxytryptophan) (from <i>Griffonia simplicifolia</i> ) (seed)	100 mg *
Lemon Balm Extract ( <i>Melissa officinalis</i> ) (aerial parts)	3 mg *

\*Daily Value (DV) not established.

**Other Ingredients:** Hypromellose, Maltodextrin, Magnesium Stearate, Silicon Dioxide.

Distributed by NATROL LLC, Sherman Oaks, CA 91403,  
USA • 1-800-2-NATROL (800-262-8765)

[www.natrol.com](http://www.natrol.com)

**NO:** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Sesame

**Sensoril®** SENSORIL® is a registered trademark of Natreon, Inc.

Do not use if safety seal is damaged or missing.

APPROX.  
FILL LINE