

Natrol® Mood Positive® 5-HTP:

Helps support a balanced mood†

Vitamin B6, Vitamin B12 and Folic Acid support brain and neurological health†

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, or are taking medication or have a medical condition; including drugs for depression, migraines, Parkinson's disease or psychiatric disorders. Do not use with other supplements containing L-Tryptophan or 5-HTP. If adverse reactions occur, discontinue use.

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NATROL®

MOOD + STRESS

Mood Positive® 5-HTP

100%
DRUG
FREE

- 5-HTP promotes production of serotonin, which is associated with general well-being†
- L-Theanine supports alpha brain wave formation, which is associated with relaxation†

50 Tablets

DIETARY SUPPLEMENT

SUGGESTED USE: Adults, take 1 tablet 1-2 times daily with a meal.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 50

Amount Per Serving		%DV
Vitamin B6 (as Pyridoxine Hydrochloride)	10 mg	588%
Folate (as 200 mcg Folic Acid)	340 mcg DFE	85%
Vitamin B12 (as Cyanocobalamin)	50 mcg	2083%
Calcium (as Dibasic Calcium Phosphate)	135 mg	10%
5-HTP (5-Hydroxytryptophan) (from <i>Griffonia simplicifolia</i> (seed))	50 mg	*
L-Theanine	50 mg	*

*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Cellulose Gum, Methylcellulose, Glycerin.

Distributed by NATROL LLC
Sherman Oaks, CA 91403, USA
1-800-2-NATROL (800-262-8765)

www.natrol.com

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nut, Peanuts, Wheat, Soybeans, Sesame

Do not use if safety seal is damaged or missing.

APPROX.
FILL LINE

LOT/EXP: