

GREAT VALUE, TRUSTED BRAND

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NATROL®

SLEEP 

Melatonin 5mg

**100%
DRUG
FREE**

-  Fall asleep faster†
-  Stay asleep longer†
-  Wake up refreshed†



140 Gummies
DIETARY SUPPLEMENT

Strawberry
and other natural flavors

SUGGESTED USE: Adults, take 1 gummy 30 minutes before bedtime.

Supplement Facts

Serving Size: 1 Gummy
Servings Per Container: 140

Amount Per Serving	%DV
Calories	10
Total Carbohydrate	2 g 1%*
Total Sugars	1 g **
Includes 1g Added Sugars	2%*
Melatonin	5 mg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value (DV) not established.

OTHER INGREDIENTS: Tapioca Syrup, Cane Sugar, Water, Contains 2 percent or less of (Citric Acid, Coconut Oil, Carnauba Wax, Fruit and Vegetable Juice (color), Natural Flavors, Pectin, Sodium Citrate).

Distributed by NATROL LLC,
Sherman Oaks, CA 91403, USA
1-800-2-NATROL (800-262-8765)
www.natrol.com



NO ALLERGENS: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Sesame.

WARNING: Not intended for individuals under the age of 18 years. This product is not intended to treat insomnia or other sleep disorder. Consult a physician before using this product if taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder. Melatonin may cause drowsiness or sleepiness, do not take when driving or operating heavy machinery, or consuming alcohol. If adverse reactions occur, discontinue use. For occasional short-term use only. Use only as directed and do not exceed suggested dose. This product should never substitute healthy sleep practices.

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.**

Do not use if safety seal is damaged or missing.

ITEM: 7686 L: 2010608-23229

Fold 2

Sleep better tonight, rest assured†

Melatonin is naturally produced in the body to help establish normal sleep patterns.






Factors like stress and screen time before bed can interrupt melatonin production and disrupt your sleep.

This product is helpful for occasional sleeplessness.†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Made with clean ingredients

-  NO Artificial Flavors
-  NO Artificial Sweeteners
-  NO Artificial Preservatives
-  NO Synthetic Dyes
-  NON-GMO
-  Vegetarian & Gelatin-Free



#1 Drug-Free Sleep Aid Brand*

* Nielsen xAOC, 52 weeks endings 07/29/23, Sleep Aid Supplements