

**Natrol® Melatonin 10mg Fast Dissolve:**  
Great tasting tablet that dissolves quickly to help you fall asleep fast†

This product is helpful for occasional sleeplessness.†  
**WARNING:** Not intended for individuals under the age of 18 years. This product is not intended to treat insomnia or other sleep disorder. Consult a physician before using this product if taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder. Melatonin may cause drowsiness or sleepiness, do not take when driving or operating heavy machinery, or consuming alcohol. If adverse reactions occur, discontinue use. For occasional short-term use only. Use only as directed and do not exceed suggested dose. This product should never substitute healthy sleep practices.

**KEEP OUT OF REACH OF CHILDREN.**  
**STORE IN A COOL, DRY PLACE.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 7170.931 F: 3002785 L: 2010358-23128





# NATROL®

SLEEP 

## Melatonin 10mg

**FAST DISSOLVE** 

-  Fall asleep faster, stay asleep longer†
-  Wake up refreshed†

**30 Tablets**  
**DIETARY SUPPLEMENT**

**Strawberry**  
artificial flavors



**100%  
DRUG  
FREE**

**SUGGESTED USE:** Adults, take 1 tablet 30 minutes before bedtime. Dissolve in mouth or chew before swallowing. No water necessary.

### Supplement Facts

**Serving Size:** 1 Tablet

**Servings Per Container:** 30

Amount Per Serving	%DV
Melatonin	10 mg *

\*Daily Value (DV) not established.

**Other Ingredients:** Dextrose, Microcrystalline Cellulose, Cellulose Gum, Crospovidone, Maltodextrin, Glycerol Behenate, Sucrose Esters of Fatty Acids, Gum Arabic, Beet Root Extract (color), Silicon Dioxide, Artificial Flavor, Sucralose, Menthol.

Distributed by NATROL LLC  
Sherman Oaks, CA 91403, USA  
1-800-2-NATROL (800-262-8765)  
[www.natrol.com](http://www.natrol.com)

**NO:** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Sesame

Do not use if safety seal is damaged or missing.

FILL LINE  
BELOW LABEL 

LOT/EXP: