

## Natrol® Melatonin 10mg Fast Dissolve:

Great tasting tablet that dissolves quickly to help you fall asleep fast†

This product is helpful for occasional sleeplessness.†

**WARNING:** Not intended for individuals under the age of 18 years. This product is not intended to treat insomnia or other sleep disorder. Consult a physician before using this product if taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder. Melatonin may cause drowsiness or sleepiness, do not take when driving or operating heavy machinery, or consuming alcohol. If adverse reactions occur, discontinue use. For occasional short-term use only. Use only as directed and do not exceed suggested dose. This product should never substitute healthy sleep practices.

**KEEP OUT OF REACH OF CHILDREN.  
STORE IN A COOL, DRY PLACE.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 7166.957 F: 3002959 L: 2010356-23111





# NATROL®

SLEEP 

## Melatonin 10mg

**FAST DISSOLVE** 

**100%  
DRUG  
FREE**

-  Fall asleep faster, stay asleep longer†
-  Wake up refreshed†

**100 Tablets**  
DIETARY SUPPLEMENT

**Citrus**  
and other natural flavors



**SUGGESTED USE:** Adults, take 1 tablet 30 minutes before bedtime. Dissolve in mouth or chew before swallowing. No water necessary.

### Supplement Facts

**Serving Size:** 1 Tablet

**Servings Per Container:** 100

Amount Per Serving	%DV
Melatonin	10 mg *

\*Daily Value (DV) not established.

**Other Ingredients:** Xylitol, Cellulose Gum, Maltodextrin, Soy Polysaccharides, Dextrin, Crospovidone, Silicon Dioxide, Malic Acid, Modified Food Starch, Natural Flavors, Stearic Acid, Beet Root Extract (color), Magnesium Stearate, Citric Acid.

**Contains:** Wheat, Soy

Distributed by NATROL LLC  
Sherman Oaks, CA 91403, USA  
1-800-2-NATROL (800-262-8765)  
[www.natrol.com](http://www.natrol.com)

**NO:** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Sesame

Do not use if safety seal is damaged or missing.

APPROX.  
FILL LINE

LOT/EXP: