

This product is helpful for occasional sleeplessness.†

WARNING: Not intended for individuals under the age of 18 years. This product is not intended to treat insomnia or other sleep disorder. Consult a physician before using this product if taking medication, including drugs for depression, migraine, Parkinsons disease or psychiatric disorder, or if you are using any tranquilizers or sedatives, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder. Melatonin may cause drowsiness or sleepiness, do not take when driving or operating heavy machinery, or consuming alcohol. Do not use with other supplements containing L-Tryptophan or 5-HTP. If adverse reactions occur, discontinue use. For occasional short-term use only. Use only as directed and do not exceed suggested use. This product should never substitute healthy sleep practices.

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 7229.931 F: 3003258 L: 2010362-24205



NATROL®

SLEEP 


ADVANCED

Melatonin + 5-HTP

TIME RELEASE 

100%
DRUG
FREE

Triple Action Formula:

 Relax, fall asleep faster
and stay asleep longer†

60 Bi-Layer Tablets DIETARY SUPPLEMENT

SUGGESTED USE: Adults, take 1 tablet 30 minutes before bedtime.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 60

Amount Per Serving		%DV
Vitamin B6 (as Pyridoxine Hydrochloride)	10 mg	588%
Calcium (as Dibasic Calcium Phosphate)	97 mg	7%
5-HTP (5-Hydroxytryptophan) (from <i>Griffonia simplicifolia</i>) (seed)	50 mg	*
Melatonin	6 mg	*

*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Hypromellose, Silicon Dioxide, Stearic Acid, Maltodextrin, Beet Root Extract (color), Cellulose Gum, Magnesium Stearate, Methylcellulose, Glycerin.

Distributed by NATROL LLC
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www.natrol.com

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Sesame

Do not use if safety seal is damaged or missing.

APPROX.
FILL LINE



LOT/EXP: