

## Natrol® Liquid Melatonin 1mg:

- Helps establish normal sleep patterns\*
- Made with 99% pure melatonin and no artificial flavors or sweeteners

This product is helpful for occasional sleeplessness.†

**WARNING:** This product is not intended to treat insomnia or other sleep disorder. Consult a physician before using this product if under the age of 18, taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder. Melatonin may cause drowsiness or sleepiness, do not take when driving or operating heavy machinery, or consuming alcohol. If adverse reactions occur, discontinue use. For occasional short-term use only. Use only as directed and do not exceed suggested use. This product should never substitute healthy sleep practices.

**KEEP OUT OF REACH OF CHILDREN.**

**STORE IN A COOL, DRY PLACE.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ITEM: 7402 L: 2009246-23172



# NATROL®

## SLEEP

# Liquid Melatonin 1mg

-  Fall asleep faster, stay asleep longer†
-  Wake up refreshed†

2 FL. OZ (60 mL)  
DIETARY SUPPLEMENT

Berry  
and other natural flavors.



**SUGGESTED USE:** Shake well before each use. 4 mL = 1mg. Adults, take four 1mL droppers 30 minutes before bedtime. May be taken directly.

## Supplement Facts

Serving Size: 4 Droppers (4 mL)  
Servings Per Container: About 15

Amount Per Serving	%DV
Melatonin	1 mg *

\*Daily Value (DV) not established.

**Other Ingredients:** Purified Water, Ethyl Alcohol (as preservative), Natural Flavors, Rebaudioside A (Stevia Extract), Citric Acid.

Distributed by NATROL LLC  
Sherman Oaks, CA 91403, USA  
1-800-2-NATROL (800-262-8765)  
[www.natrol.com](http://www.natrol.com)

**NO:** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Sesame  
Do not use if safety seal is damaged or missing.

LOT/EXP:

NO  
UV