

Natrol® 5-HTP 200 mg Time Release:

Controlled release tablet releases 5-HTP slowly to help support a balanced mood and promote production of serotonin throughout the day†

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, or are taking medication or have a medical condition; including drugs for depression, migraines, Parkinson's disease or psychiatric disorders. Do not use with other supplements containing L-Tryptophan or 5-HTP. If adverse reactions occur, discontinue use.

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 5172.941 F: 3002211 L: 2010241-23158





NATROL®

MOOD + STRESS

5-HTP 200mg

TIME RELEASE 

100%
DRUG
FREE

-  Helps support a balanced mood†
-  Promotes production of serotonin throughout the day†

30 Tablets

DIETARY SUPPLEMENT

SUGGESTED USE: Adults, take 1 tablet daily with a meal. Do not exceed suggested intake.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

Amount Per Serving		%DV
Calcium	55 mg	4%
(as Dibasic Calcium Phosphate)		
5-HTP (5-Hydroxytryptophan)	200 mg	*
(from <i>Griffonia simplicifolia</i> (seed))		

*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Hypromellose, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Methylcellulose, Glycerin.

Distributed by NATROL LLC
Sherman Oaks, CA 91403, USA
1-800-2-NATROL (800-262-8765)
www.natrol.com

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Sesame

Do not use if safety seal is damaged or missing.

APPROX.
FILL LINE


LOT/EXP: