

**Natrol® 5-HTP 100mg:**

5-HTP promotes production of serotonin, which is associated with general well-being†

**WARNING:** Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, or are taking medication or have a medical condition; including drugs for depression, migraines, Parkinson's disease or psychiatric disorders. Do not use with other supplements containing L-Tryptophan or 5-HTP. If adverse reactions occur, discontinue use.

**KEEP OUT OF REACH OF CHILDREN.  
STORE IN A COOL, DRY PLACE.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 4093.921 F: 3001634 L: 2010230-24087



**NATROL®**

**MOOD + STRESS**

**5-HTP  
100mg**

**100%  
DRUG  
FREE**

- Helps support a balanced mood†
- Promotes production of serotonin†

**30 Capsules**

**DIETARY SUPPLEMENT**

**SUGGESTED USE:** Adults, take 1 capsule, up to two times daily, with a meal.

**Supplement Facts**

**Serving Size:** 1 Capsule  
**Servings Per Container:** 30

Amount Per Serving	%DV
5-HTP (5-Hydroxytryptophan) 100 mg (from <i>Griffonia simplicifolia</i> ) (seed)	*

\*Daily Value (DV) not established.

**Other Ingredients:** Rice Powder, Gelatin, Magnesium Stearate, Silicon Dioxide.

Distributed by NATROL LLC  
Sherman Oaks, CA 91403, USA  
1-800-2-NATROL (800-262-8765)  
[www.natrol.com](http://www.natrol.com)

**NO:** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Sesame

Do not use if safety seal is damaged or missing.



LOT/EXP: