

ONE-DAILY

MULTI-VITAMIN
WITH MINERALS
DIETARY SUPPLEMENT
100 TABLETS**Supplement Facts**

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	
Vitamin A (as Acetate)	1500 mcg	167%
Vitamin C (as Ascorbic Acid)	50 mg	56%
Vitamin D (as Cholecalciferol)	10 mcg	50%
Thiamin (as Thiamine HCl)	2 mg	167%
Riboflavin	2.5 mg	192%
Niacin	20 mg	125%
Vitamin B-6 (as Pyridoxine HCl)	1 mg	59%
Vitamin B-12 (as Cyanocobalamin)	1 mcg	42%
Pantothenic Acid (as Calcium Pantothenate)	1 mg	20%
Iron (as Ferrous Sulfate)	4.5 mg	25%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	10 mg	2%
Zinc (as Zinc Oxide)	3.75 mg	34%
Selenium (as Selenium Amino Acid Chelate)	5 mcg	9%
Manganese (as Manganese Sulfate)	1 mg	43%
Chromium (as Chromic Chloride)	5 mcg	14%

Other ingredients: cellulose, stearic acid, hypromellose, croscarmellose sodium, magnesium stearate, dicalcium phosphate, talc, silica. Also contains starch, gelatin, titanium dioxide, polydextrose, rice flour, povidone, sucrose, triacetin, triglycerides, mineral oil, citric acid, sodium ascorbate, BHT, FD&C yellow #6 lake, tocopherols and sodium lauryl sulfate; or PEG, FD&C red #40 lake, FD&C blue #2 lake and FD&C yellow #5 lake.

Suggested use: Adults - One tablet daily as a dietary supplement, preferably with a meal, or as recommended by your health professional.

As with any supplement, if you are pregnant, nursing, or taking medication, ask a health professional before use.

WARNING: Accidental overdose of iron-containing supplements is a leading cause of fatal poisoning in children under 6.

Keep this product out of reach of children.

In case of accidental overdose, call a doctor or Poison Control Center immediately.

TAMPER EVIDENT: Do not use if imprinted seal under cap is missing or broken.

Store at room temperature.

REV 0624CB

Dist. By: **Geri-Care Pharmaceuticals Corp.**

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