



Premium Daily Prenatal Multivitamin

With plant-based DHA to support healthy eye and brain development*

 Specially formulated for pregnancy, postpartum, and when trying to conceive

 With the full B-vitamin complex, including high potency folate, per 3-gummy serving

 15 vitamins and minerals, with DHA, to support mom and baby

 Delicious strawberry and lemon flavored gummies

FREE FROM gluten, wheat, egg, peanut, dairy, and gelatin.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA • Bottled and tested in the USA

Questions? 1-800-962-8873 / naturesway.com



BOTTLE MADE FROM 50% POST-CONSUMER RECYCLED PLASTIC

◆ LH10482.B02 BGM8865B



life'sDHA® is a trademark of DSM.

Plant source DHA is free of harmful levels of mercury.

HIGH POTENCY FOLATE

Nature's Way

Alive!

PRENATAL

Support For Mom & Baby

PREMIUM GUMMY

With Plant-Based DHA

Orchard Fruits™ & Garden Veggies™ Powder Blend (200 mg per 3-gummy serving)

MULTIVITAMIN SUPPLEMENT

WITH PLANT-BASED PECTIN

Strawberry & Lemon Flavored

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



75 GUMMIES

Recommendation: Women 19 years of age and older who are pregnant, nursing, or trying to conceive, chew 3 gummies daily. Not formulated for men or children. Do not exceed recommended dose. **Warning:** Do not take this product if you have known hypersensitivity to iodine or hyperthyroidism. If you are taking any medications, consult a healthcare professional before use.

Supplement Facts		Amount per Serving	% DV†
Serving Size 3 Gummies		Biotin	35 mcg 100%
Servings per Container 25		Pantothenic Acid (as D-calcium pantothenate)	3.5 mg 50%
Amount per Serving		% DV†	
Calories	35	Choline (as choline bitartrate)	22 mg 4%
Total Carbohydrate	8 g 3%†	Iodine (as potassium iodide)	290 mcg 100%
Total Sugars	5 g **	Zinc (as zinc citrate)	3.3 mg 25%
Includes 5 g Added Sugars	10%†	Sodium	30 mg 1%
Vitamin A (as retinyl palmitate)	650 mcg 50%	Orchard Fruits™ & Garden Veggies™ Powder Blend:	200 mg **
Vitamin C (ascorbic acid)	120 mg 100%	Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Açai, Asparagus, Brussels Sprout, Cranberry, Cucumber, Pea, Broccoli, Spinach	
Vitamin D3 (as cholecalciferol)	22.5 mcg 150%	DHA (Docosahexaenoic Acid from Algal [<i>Schizochytrium</i> sp.] Oil)	75 mg **
Vitamin E (as d-alpha tocopheryl acetate)	19 mg 100%		
Thiamin (as thiamin HCl)	0.7 mg 50%		
Riboflavin	0.8 mg 50%		
Niacin (as niacinamide)	18 mg 100%		
Vitamin B6 (as pyridoxine HCl)	3 mg 150%		
Folate (360 mcg Folic Acid)	600 mcg DFE 100%		
Vitamin B12 (as cyanocobalamin)	4.2 mcg 150%		

Other ingredients: cane sugar, organic tapioca syrup, purified water, pectin, natural flavors, citric acid, sodium citrate, vegetable and fruit juice color, beeswax