

SUGGESTED USE: as a dietary supplement, take three chewable tablets daily with meals.

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A	2000 IU 40
Vitamin C	100 mg 166
Calcium	90 mg 9
Iron	5 mg 28
Vitamin D-3	33 IU †
Natural Vitamin E	45 IU 150
Vitamin K	2 mcg 2.5
Thiamine	5 mg 33
Riboflavin	3 mg 176
Niacin	1 mg 5
Niacinamide	8 mg 40
Vitamin B-6	5 mg 250
Vitamin B-12	22 mcg 367
Biotin	100 mcg 33
Pantothenic acid	15 mg 150
Iodine	50 mcg 33
Zinc	3 mg 20
Magnesium	70 mg 17.5
Selenium	17 mcg 24
Copper	200 mcg 10
Manganese	2 mg 100

†Daily Value not established.

Additional Ingredients: beta carotene, ascorbic acid, carbonate, fumarate, palmitate, d-alpha tocopheryl, Vitamin B-1, Vitamin B-2, Vitamin B-3, Vitamin B-5, pyridoxine HCl, potassium iodide, gluconate, amino acid chelate, panax, polyphenols, catechin, para aminobenzoic acid, flavored and sweetened with all-natural raspberry fruit juice crystals, natural fruit flavors, fructose and dextrose.

This product contains no artificial colors, preservatives, starch, wheat, or milk derivatives. If you have a medical condition, are on medication, pregnant or nursing do not use this product. Seek the advice of a health care professional before using. Take only as directed. Do not use if outer seal is broken or missing.

KEEP OUT OF REACH OF CHILDREN



Manufactured exclusively for:
NUTRITION NOW® INC.
Vancouver, WA 98661
Made in U.S.A. 98-2A
<http://www.nutritionnow.com>

