## SUGGESTED USE

Add one (1) scoop to 10 oz of water, or your favorite juice or smoothie. To increase energy and focus, take 30 minutes before activity.

WARNING: Do not use if the seal is broken. If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. KEEP OUT OF REACH OF CHILDREN.

Storage: Store in a cool, dry place away from heat and moisture.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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## PRED PRE WORKOUT

THERMOGENIC FORMULA

SUPPORTS ENERGY, ACTIVITY, PUMP, & FOCUS\*



**BLUE RASPBERRY FLAVOR** 

DIETARY SUPPLEMENT NET WT. 180g (6.34oz)

30 SERVINGS









## Supplement Facts

Serving Size 1 Scoop (approx. 6g) Servings Per Container 30

	Amount Per Serving	%Daily Value
itamin C (as Ascorbic Acid)	250 mg	278%
itamin B12 (as Methylcobalamir	n) 100 mcg	4,167%
Chromium (as Chromium Picolina	ate) 200 mcg	571%
gmatine Sulfate	1,000 mg	†
nositol	500 mg	†
LA (Conjugated Linoleic Acid) Powder 60% 500 mg		†
-Taurine	500 mg	†
-Tyrosine	250 mg	†
-Carnitine L-Tartrate	250 mg	†
affeine Anhydrous	200 mg	†
ireen Tea Extract ( <i>Camellia sinensis</i> ) [Std. to 50%	EGCG]	t
-Theanine	100 mg	†
Olive Leaf Extract (Olea europaea L.) [Std. to 20%	100 mg Oleuropein]	t
heobromine	50 mg	†

† Daily Value not established.

Other ingredients: Natural & Artificial Flavors, Malic Acid, Citric Acid, Silicon Dioxide, Sucralose.