



## Menopause Herbal Tea

Healthy Body – Healthy Mind



14 ECO-FRIENDLY TEA BAGS

NET WT 1oz (28g)



### BREWING INSTRUCTIONS

Bring water to a full boil. Pour over tea bag and steep 3-5 minutes or longer for a stronger brew.

### TASTE TIP

Add honey or lemon.

### INGREDIENTS

Black cohosh root, ginko leaf, red clover herb, cinnamon chip, eleuthero root, licorice root, natural peach flavor.

Manufactured for:  
Mila Mi Amor Boutique  
[www.milamiamor.com](http://www.milamiamor.com)

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**Caution:** This product was produced on machinery and in a facility that also processes tea, which may contain nuts, soy, and/or dairy. Product may contain trace elements of these types of items.