

SUGGESTED USE: 1 capsule taken 1 to 2 times daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.



DIETARY SUPPLEMENT

HIGH POTENCY MAGNESIUM

500mg per serving

- Supports muscle relaxation
- Supports nerve, heart & bone health



60 CAPSULES

Manufactured For:
Mila Mi Amor
www.milamiamor.com
P.O. Box 73049, Houston, TX 77273

Supplement Facts

Serving Size 1 Vegetable Capsule
Servings Per Container: 60

Amount Per Serving	%Daily Value
Magnesium (as magnesium oxide / citrate)	500 mg 119%

Other ingredients: Microcrystalline cellulose, vegetable cellulose, vegetable magnesium stearate, and silicon dioxide.

KEEP OUT OF THE REACH OF CHILDREN. CONTAINS DESICCANT PACKET FOR FRESHNESS. DO NOT EAT PACKET. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

