

## WHY ESSENTIAL AMIN.O. ENERGY®?

- Supports energy and focus any time of day\*
- 100mg Caffeine from Natural Sources<sup>†</sup>
- Amino acids to support muscle recovery\*
- 0g of Sugar



ACTIVE  
LIFESTYLE\*



ENERGY  
& FOCUS\*



SPORTS\*

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION. NOT FOR USE BY THOSE UNDER THE AGE OF 18, WOMEN WHO ARE PREGNANT, TRYING TO GET PREGNANT, OR ARE NURSING, OR THOSE WHO ARE SENSITIVE TO CAFFEINE OR BETA-ALANINE. DO NOT CONSUME CAFFEINE FROM OTHER SOURCES WHILE TAKING THIS PRODUCT AS TOO MUCH CAFFEINE MAY CAUSE NERVOUSNESS, IRRITABILITY, SLEEPLESSNESS, AND OCCASIONALLY RAPID HEARTBEAT. BETA-ALANINE MAY CAUSE A HARMLESS, TEMPORARY TINGLING OR FLUSHING SENSATION.

DO NOT COMBINE WITH ALCOHOL. DO NOT EXCEED 6 SCOOPS WITHIN ANY 4 HOUR PERIOD OR 8 SCOOPS WITHIN ANY 24 HOUR PERIOD. CONSUME AS PART OF A HEALTHY DIET AND EXERCISE PROGRAM, AND DRINK AT LEAST 100 FL OZ OF WATER PER DAY. EXERCISE MAY INCREASE YOUR NEED FOR FLUID INTAKE.



9 GRAMS  
ABOUT 2 SCOOPS  
ESSENTIAL AMIN.O.  
ENERGY®



10-12 FL OZ  
COLD WATER



30 SECONDS  
MIX UNTIL DISSOLVED

**ON** OPTIMUM  
NUTRITION.

NEW

# ESSENTIAL AMIN.O. ENERGY®

ANYTIME  
ENERGY<sup>†</sup> &  
RECOVERY<sup>†</sup> 0G SUGAR  
100MG CAFFEINE  
FROM NATURAL  
SOURCES<sup>†</sup>

RAINBOW SHERBET  
ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT  
NET WT 9.5 OZ (270 G) • 30 SERVINGS



## Supplement Facts

Serving Size 9 g (About 2 Scoops)  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%*
Total Sugars	0 g	**
Sodium	10 mg	<1%
Amino Blend	5 g	**
Micronized Taurine, Micronized L-Glutamine, Micronized L-Arginine, Micronized L-Leucine, Beta-Alanine, Micronized L-Citrulline, Micronized L-Isoleucine, Micronized L-Valine, Micronized L-Tyrosine, Micronized L-Histidine, Micronized L-Lysine Hydrochloride, Micronized L-Phenylalanine, Micronized L-Threonine, Micronized L-Methionine		
Caffeine <sup>†</sup>	100 mg	**
Green Tea Leaf Extract	50 mg	**
Green Coffee Bean Extract	10 mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**OTHER INGREDIENTS:** Citric Acid, Natural and Artificial Flavor, Malic Acid, Silicon Dioxide, Calcium Silicate, Gum Blend (Guar Gum, Gum Acacia, Xanthan Gum), Sucralose, Red Beet Juice Powder (Color), Sunflower and/or Soy Lecithin, Yellow 5.

**CONTAINS: SOY.**

MANUFACTURED FOR GLANBIA  
PERFORMANCE NUTRITION (NA), INC.  
3500 Lacey Road, Suite 1200  
Downers Grove, IL 60515  
1 (800) 705-5226



MANUFACTURED  
IN THE USA

THIS PRODUCT CONTAINS INGREDIENTS OF  
INTERNATIONAL AND DOMESTIC ORIGIN.



AT TIME  
OF FILL

AFTER  
SETTLING

CONTENTS SOLD BY  
WEIGHT NOT VOLUME.  
SOME SETTLING WILL  
OCCUR. SHAKE GENTLY  
BEFORE FIRST USE.

PHENYLKETONURICS:  
CONTAINS  
PHENYLALANINE.

NO ASPARTAME.

To maximize freshness and minimize product clumping, store tightly-closed container in a cool, dry place away from direct sunlight. Keep container closed when not in use. Close container tightly after each use. Keep out of reach of children.

<sup>†</sup>Caffeine from tea leaf and/or coffee bean.

**BANNED  
SUBSTANCE  
TESTED**



OPTIMUM NUTRITION  
IS A PROUD PARTNER  
WITH HOW2RECYCLE.

<sup>†</sup>Caffeine from tea leaf  
and/or coffee bean.



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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