

SUGGESTED USE: as a dietary supplement, take three chewable tablets daily with meals.

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A	2000 IU 40
Vitamin C	100 mg 166
Calcium	90 mg 9
Iron	5 mg 28
Natural Vitamin E	45 IU 150
Thiamine	5 mg 33
Riboflavin	3 mg 176
Niacin	1 mg 5
Niacinamide	8 mg 40
Vitamin B-6	5 mg 250
Vitamin B-12	22 mcg 367
Biotin	100 mcg 33
Pantothenic Acid	15 mg 150
Iodine	50 mcg 33
Magnesium	70 mg 17.5
Zinc	3 mg 20
Selenium	17 mcg 24
Copper	200 mcg 10
Manganese	2 mg 100
Chromium	20 mcg 17

†Daily Value not established.

Amount Per Serving	% Daily Value
Molybdenum	5 mcg 6.7
Vitamin D-3	33 IU †
Potassium	74 mg †
Calandula	30 mg †
Ginseng	30 mg †
Silymarin	30 mg †
Grape Seed	25 mg †
Green Tea	20 mg †
L-Ornithine	20 mg †
Bioflavonoids	15 mg †
Hesperidin	15 mg †
L-Glycine	15 mg †
Rutin	15 mg †
dl-methionine	8 mg †
L-Cysteine HCl	8 mg †
PABA	2 mg †
Folic Acid	300 mcg †
Silicon	60 mcg †
Vanadium	7 mcg †

Additional Ingredients: beta carotene, ascorbic acid, carbonate, fumarate, palmitate, d-alpha tocopheryl, Vitamin B-1, Vitamin B-2, Vitamin B-3, Vitamin B-5, pyroxine HCl, potassium iodide, gluconate, amino acid chelate, panax, polyphenols, catechin, para aminobenzoic acid, flavored and sweetened with all-natural raspberry fruit juice crystals, natural fruit flavors, fructose and dextrose.

This product contains no artificial colors, preservatives, starch, wheat, or milk derivatives.

If you have a medical condition, are on medication, pregnant or nursing do not use this product. Seek the advice of a health care professional before using.

Take only as directed. Do not use if outer seal is broken or missing.

KEEP OUT OF REACH OF CHILDREN



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