

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

Lutemax 2020™ is a trademark of
OmniActive Health Technologies.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

†65% Smaller than GNC Mega Men®
One Daily.

GNC

MEGA MEN® 50 Plus MINI

Dietary Supplement

MINI PILL MULTIVITAMIN

**Our Smallest Multivitamin with 32
Vital Nutrients**



PHYSICIAN
ENDORSED

90 MINI TABLETS

**NEW
65% SMALLER†**

CODE 186444

DIRECTIONS: As a dietary supplement, take two mini tablets daily with food. For maximum benefits, take as directed every day.

Supplement Facts

Serving Size Two Mini Tablets
Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate)	3500 IU 70%
Vitamin C (as Ascorbic Acid)	125 mg 208%
Vitamin D (as Cholecalciferol D-3)	1200 IU 300%
Vitamin E	30 IU 100%
(as Natural d-alpha Tocopheryl Succinate)	
Vitamin K (as Phytonadione)	60 mcg 75%
Thiamin (Vitamin B-1)	4.95 mg 330%
(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2)	3.74 mg 220%
Niacin (as Niacinamide)	22 mg 110%
Vitamin B-6 (as Pyridoxine Hydrochloride) ..	6.6 mg 330%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid	16.5 mg 165%
(as Calcium d-Pantothenate)	
Calcium	150 mg 15%
(as Calcium Carbonate and Dicalcium Phosphate)	
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	125 mg 31%

Amount Per Serving	% Daily Value
Zinc (as Zinc Oxide)	30 mg 200%
Selenium (as Sodium Selenite)	120 mcg 171%
Copper (as Cupric Sulfate)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Chromium Chloride)	180 mcg 150%
Molybdenum (as Sodium Molybdate)	75 mcg 100%

Brain Health Blend

Ginkgo biloba Leaf Extract	5 mg *
Phosphatidyl Serine	2.5 mg *
Choline (as Choline Bitartrate)	2.5 mg *
Inositol	2.5 mg *

Eye Health Blend

Lutemax 2020™ Lutein	500 mcg *
Zeaxanthin (as Zeaxanthin Isomers)	100 mcg *

Prostate Health Blend

Pumpkin Seed Meal	5 mg *
(Cucurbita pepo/maxima)	
Saw Palmetto Berry Extract	5 mg *
(Serenoa repens)	
Lycopene	600 mcg *
Boron (as Boron Citrate)	150 mcg *

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide, Vegetable Acetoglycerides, Natural Vanilla Flavor, Caramel Color, Sucralose.

CONTAINS: Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

