

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

Lutemax 2020™ is a trademark of OmniActive Health Technologies.

**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222

\*60% Smaller than  
GNC Mega Men® One  
Daily.



**GNC**

**MEGA  
MEN®**

**MINI**

Dietary Supplement

**MINI PILL MULTIVITAMIN**

**Our Smallest Multivitamin with 32  
Vital Nutrients**



**PHYSICIAN  
ENDORSED**

**90 MINI TABLETS**

**NEW  
60% SMALLER\***

CODE 186322

HOG

**DIRECTIONS:** As a dietary supplement, take two mini tablets daily with food. For maximum benefits, take as directed every day.

## Supplement Facts

Serving Size Two Mini Tablets

Servings Per Container 45

| Amount Per Serving                             | % Daily Value |
|------------------------------------------------|---------------|
| Vitamin A (as Retinyl Acetate) .....           | 3500 IU 70%   |
| Vitamin C (as Ascorbic Acid) .....             | 75 mg 125%    |
| Vitamin D (as Cholecalciferol D-3) .....       | 1200 IU 300%  |
| Vitamin E .....                                | 30 IU 100%    |
| (as Natural d-alpha Tocopheryl Succinate)      |               |
| Vitamin K (as Phytonadione) .....              | 80 mcg 100%   |
| Thiamin (Vitamin B-1) .....                    | 1.65 mg 110%  |
| (as Thiamin Mononitrate)                       |               |
| Riboflavin (Vitamin B-2) .....                 | 1.87 mg 110%  |
| Niacin (as Niacinamide) .....                  | 20 mg 100%    |
| Vitamin B-6 (as Pyridoxine Hydrochloride) ..   | 3.3 mg 165%   |
| Folic Acid .....                               | 400 mcg 100%  |
| Vitamin B-12 (as Cyanocobalamin) .....         | 25 mcg 417%   |
| Biotin .....                                   | 300 mcg 100%  |
| Pantothenic Acid .....                         | 16.5 mg 165%  |
| (as Calcium d-Pantothenate)                    |               |
| Calcium .....                                  | 225 mg 23%    |
| (as Calcium Carbonate and Dicalcium Phosphate) |               |

| Amount Per Serving                     | % Daily Value |
|----------------------------------------|---------------|
| Iodine (as Potassium Iodide) .....     | 150 mcg 100%  |
| Magnesium (as Magnesium Oxide) .....   | 125 mg 31%    |
| Zinc (as Zinc Oxide) .....             | 20 mg 133%    |
| Selenium (as Sodium Selenite) .....    | 100 mcg 143%  |
| Copper (as Cupric Sulfate) .....       | 2 mg 100%     |
| Manganese (as Manganese Sulfate) ..... | 2 mg 100%     |
| Chromium (as Chromium Chloride) .....  | 125 mcg 104%  |
| Molybdenum (as Sodium Molybdate) ..... | 75 mcg 100%   |

**Amino Acid Blend** .....

(L-Taurine, L-Methionine, L-Glutamine, L-Carnitine)

**Brain Health Blend**

Choline (as Choline Bitartrate) .....

Inositol .....

**Eye Health Support**

Lutemax 2020™ Lutein .....

Zeaxanthin (as Zeaxanthin Isomers) ..

**Men's Health & Mineral Blend**

Lycopene .....

Boron (as Boron Citrate) .....

\* Daily Value not established.

**Other Ingredients:** Cellulose, Titanium Dioxide, Vegetable Acetoglycerides, Natural Vanilla Flavor, Caramel Color, Sucralose.

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Artificial Colors, No Artificial Flavors, No Wheat, No Gluten, No Soy, No Dairy, Yeast Free.

Lot No./Best By: