

## Supplement Facts

**Serving Size: 3 NutriGels®**  
Servings Per Container: 30

Amount Per  
Serving

% Daily  
Value\*

|                                   |         |       |
|-----------------------------------|---------|-------|
| Calories                          | 18      |       |
| Total Fat                         | 1.8 g   | 2.7 % |
| Saturated Fat                     | 0.4 g   | < 1 % |
| Trans Fat                         | 0 g     | †     |
| Cholesterol                       | 1.8 mg  | < 1 % |
| Sodium                            | 0.9 mg  | < 1 % |
| Total Carbohydrate                | 0.9 g   | < 1 % |
| Algal Oil (from life's™ OMEGA 60) | 1800 mg | †     |
| Total Omega-3 Fatty Acids         | 990 mg  | †     |
| DHA (Docosahexaenoic Acid)        | 540 mg  | †     |
| EPA (Eicosapentaenoic Acid)       | 270 mg  | †     |

\*Daily Values are based on a 2,000 calorie per day diet. † Daily Value not established.

**Other Ingredients:** Gellan gum, Pectin, Starch, Glycerin.

**Suitable for vegans.** Contains NO soy, egg, fish, shellfish, dairy, peanut or wheat. Non-GMO and non-irradiated. Free of gluten, synthetic additives, caffeine, artificial colors and preservatives. No refrigeration required.

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# Performance Lab®

## Omega-3

Dietary Supplement  
90 Softgels

**Suggested Use:** Take 3 softgels daily. Best when used daily and consistently. For advanced usage guidelines\* visit [www.performancelab.com/advanced](http://www.performancelab.com/advanced)

**Warning:** DO NOT use if pregnant, nursing or under the age of 18. Consult with your doctor before taking this or any supplement if you have or suspect a medical condition and are taking any medication. If you experience any adverse reactions from taking this product discontinue immediately, contact your doctor and report to 908-280-1066. Do not use if safety seal is broken or missing. Store in a cool dry place.  
**KEEP OUT OF REACH OF CHILDREN.**

✓ GMP CERTIFIED MANUFACTURING

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

V2.0

Upgrade Yourself®



Performance Lab® supplements are formulated in the UK, and manufactured under license in Japan by Performance Lab Ltd. We uphold superior quality standards to ensure superior health and performance results.

Certified



Corporation

## PerformanceLab® Group

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