

Supplement Facts

Serving Size: 4 NutriCaps®
Servings Per Container: 30

Amount % Daily
Per Serving Value

NutriGenesis® Cultured Vitamins and Minerals

Vitamin A (as Beta-Carotene)	500 mcg RAE	55%	Pantothenic Acid	10 mg	200%
			Iron	8 mg	44%
Vitamin C	100 mg	111%	Iodine	150 mcg	100%
Vitamin D3	25 mcg	125%	Magnesium	40 mg	10%
Vitamin E	12 mg	80%	Zinc	10 mg	90%
Vitamin K	100 mcg	83%	Selenium	100 mcg	182%
Vitamin B1	2 mg	166%	Copper	1 mg	111%
Vitamin B2	2 mg	153%	Manganese	2 mg	87%
Niacin	20 mg NE	125%	GTF Chromium	40 mcg	114%
Vitamin B6	4 mg	235%	Molybdenum	50 mcg	111%
Folate	400 mcg DFE	100%	Inositol	25 mg	†
Vitamin B12	10 mcg	416%	Boron	1 mg	†
Biotin	300 mcg	1000%			

% Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: NutriCaps® Pullulan Capsule, Nu-FLOW® Rice Concentrate.

Suitable for vegans: Contains NO soy, egg, fish, shellfish, dairy, peanut, tree nuts, wheat, or other allergens. Non-GMO and non-irradiated. Free of gluten, caffeine, synthetic additives, artificial colors and preservatives.

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+ Learn more about NutriGenesis® nutrients at www.performancelab.com/nutrigenesis

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BPA-Free



Performance Lab®

NutriGenesis® Multi for Women

Dietary Supplement
120 Capsules

Suggested Use: Take 4 capsules daily. Best taken as 2 capsules, twice per day. Take with or without food. For advanced usage guidelines visit www.performancelab.com/advanced

Warning: DO NOT use if pregnant, nursing or under the age of 18. Consult with your doctor before taking this or any supplement if you have or suspect a medical condition and are taking any medication. If you experience any adverse reactions from taking this product discontinue immediately, contact your doctor and report to 908-280-1066. Do not use if safety seal is broken or missing. Store in a cool dry place. KEEP OUT OF REACH OF CHILDREN.

V2.0  NutriGenesis®

Upgrade Yourself®



WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control centre immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Performance Lab® supplements are formulated in the UK, and manufactured under license in the USA, by Performance Lab Group Ltd. We uphold superior quality standards to deliver the best targeted nutrition to support your performance goals.



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