

DON'T BE A BUM. TRAIN HARD. SLEEP HARDER. ADD ANOTHER PLATE. LOVE YOUR MOM. NO REGRETS. STAY HUNGRY. DRINK YOUR WATER. FALL IN LOVE. SATURDAYS ARE FOR THE BOYS. DREAM BIG. NEVER QUIT. BE HONEST. TAKE RESPONSIBILITY. TAKE RISKS. DARE TO LEAD. OWN YOUR SH*T. GET HUGE. GET SHREDDED. LIFT MORE. RUN FURTHER. JUMP HIGHER. REMEMBER TO LIVE, LAUGH AND ALL THAT BULL SH*T. GET RAW. BE A THAVAGE.

ELECTROLYTE FORMULA DIETARY SUPPLEMENT

SUPPORTS MUSCLE FUNCTION & ENDURANCE

NATURALLY & ARTIFICIALLY FLAVORED 20 - 0.2 OZ. (5.8G) PACKETS I NET WT. 4.09 OZ. (116G)

20 SERVINGS



Serving Size 1 Packet (5.8g) Servings Per Container 20

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	1 g	<1%*
Vitamin C (as Ascorbic Acid)	50mg	56%
Niacin (as Niacinamide)	2mg	13%
Vitamin B6 (as Pyridoxine HC	l) 1mg	59%
Vitamin B12 (as Methylcobala	amin) 1mcg	42%
Calcium (from Calcium Citrate	e) 40mg	3%
Magnesium (from Magnesium Bisglycinate Chelate)	n 30mg	7%
Zinc (from Zinc Citrate)	2mg	18%
Sodium (from Sodium Citrate)) 230mg	10%
Potassium (from Potassium Cand Dipotassium Phosphate)	Citrate 175mg	4%
Taurine	1g	**
Coconut Water (fruit) Powder	500mg	**
*Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.		

Other Ingredients: Citric Acid, Malic Acid, Natural & Artificial Flavors, Sucralose, Beet Root (color).

Contains: Tree Nuts (Coconut)