

WHY ESSENTIAL AMIN.O. ENERGY®?

- Supports Energy, Focus and Hydration any time of day^{†‡}
- 100mg Caffeine from Natural Sources[†]
- 0g of Sugar
- 100mg of CognatiQ® for Brain Support
- 200mg L-Theanine for Mood Support and Healthy Stress Response[‡]



ENERGY
& FOCUS[‡]



SPORTS
PERFORMANCE[‡]



BRAIN
SUPPORT[‡]

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION. NOT FOR USE BY THOSE UNDER THE AGE OF 18, WOMEN WHO ARE PREGNANT, TRYING TO GET PREGNANT, OR ARE NURSING, OR THOSE WHO ARE SENSITIVE TO CAFFEINE. DO NOT CONSUME CAFFEINE FROM OTHER SOURCES WHILE TAKING THIS PRODUCT AS TOO MUCH CAFFEINE MAY CAUSE NERVOUSNESS, IRRITABILITY, SLEEPLESSNESS, AND OCCASIONALLY RAPID HEARTBEAT. DO NOT COMBINE WITH ALCOHOL. DO NOT EXCEED 2 SCOOPS WITHIN A 24 HOUR PERIOD.

CONSUME AS PART OF A HEALTHY DIET AND EXERCISE PROGRAM, AND DRINK AT LEAST 100 FL OZ OF WATER PER DAY. EXERCISE MAY INCREASE YOUR NEED FOR FLUID INTAKE.



9 GRAMS
ABOUT 2 SCOOPS
ESSENTIAL AMIN.O.
ENERGY®



10-12 FL OZ
COLD WATER



30 SECONDS
MIX UNTIL DISSOLVED



ESSENTIAL AMIN.O. ENERGY®

FOCUS[‡] + HYDRATION^{†‡}

100MG
CAFFEINE
FROM NATURAL
SOURCES[†]

100MG
cognatiQ®

0G
SUGAR

TIKI TWIST
ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT
NET WT 22.85 OZ (1.42 LB) 648 G • 72 SERVINGS



OPTIMUM NUTRITION
IS A PROUD PARTNER
WITH HOW2RECYCLE.



[†]Caffeine from tea leaf
and/or coffee bean.

[‡]When added to at least
10-12 fl oz of water.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 9 g (About 2 Scoops)
Servings Per Container 72

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%*
Total Sugars	0 g	**
Vitamin D (as Cholecalciferol)	20 mcg	100%
Magnesium	60 mg	14%
Chloride	190 mg	8%
Sodium	105 mg	5%
Potassium	50 mg	1%

Amino Blend 5 g
Micronized Taurine, Micronized L-Glutamine, Micronized L-Arginine, Micronized L-Leucine, Beta-Alanine, Micronized L-Citrulline, Micronized L-Isoleucine, Micronized L-Valine, Micronized L-Tyrosine, Micronized L-Histidine, Micronized L-Lysine Hydrochloride, Micronized L-Phenylalanine, Micronized L-Threonine, Micronized L-Methionine

Electrolyte Blend 440 mg
Sodium Chloride, Magnesium Oxide, Potassium Chloride

Focus Blend		
L-Theanine	200 mg	**
Coffee Fruit Extract (cognatiQ®)	100 mg	**
Caffeine [†]	100 mg	**
Green Tea Leaf Extract	50 mg	**
Green Coffee Bean Extract	10 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

OTHER INGREDIENTS: Natural and Artificial Flavor, Citric Acid, Malic Acid, Inulin, Tartaric Acid, Silicon Dioxide, Calcium Silicate, Sucralose, Gum Blend (Guar Gum, Gum Acacia, Xanthan Gum), Sunflower and/or Soy Lecithin.

CONTAINS: SOY.

MANUFACTURED FOR GLANBIA
PERFORMANCE NUTRITION (NA), INC.
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**MANUFACTURED
IN THE USA**
THIS PRODUCT CONTAINS INGREDIENTS OF
INTERNATIONAL AND DOMESTIC ORIGIN.



**CONTENTS SOLD BY WEIGHT
NOT VOLUME. SOME SETTLING
WILL OCCUR. SHAKE GENTLY
BEFORE FIRST USE.**

PHENYLKETONURICS:
CONTAINS
PHENYLALANINE.

NO ASPARTAME.

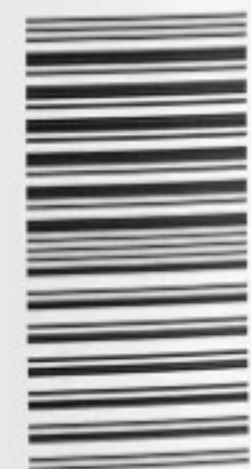
CognatiQ® is a trademark
of VDF FutureCeuticals, Inc.,
used under license.

To maximize freshness
and minimize product
clumping, store
tightly-closed container
in a cool, dry place away
from direct sunlight.
Close container tightly
after each use. Keep
container closed when not
in use. Keep out of reach
of children.

[†]Caffeine from tea leaf
and/or coffee bean.

**BANNED
SUBSTANCE
TESTED**

COSTCO ID: 1063692



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