

WOMEN

VITALITY
FOR LIFE®OLIGO US PATENT
8,273,393 & 8,697,158

Vitality

MULTIVITAMIN & MINERAL™

Supports Energy
& Overall Health*

DIETARY SUPPLEMENT
60 TABLETS



DIRECTIONS: Take two tablets per day, preferably with food.

SUPERIOR NUTRITION

- It's like no other supplement in the world—powered by twice-patented *Oligo*® technology to deliver minerals to the body *Just Like Nature*® for up to 10x better mineral absorption and 5x greater antioxidant protection!*
- Provides over 20 essential nutrients, including methylated B vitamins, at clinically proven levels*
- Supports energy, vitality, and balanced nutrition*

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene)	900 mcg RAE	100%
Vitamin C (as ascorbic acid)	150 mg	167%
Vitamin D (as cholecalciferol)	10 mcg	50%
Vitamin E (as d-alpha-tocopheryl succinate)	20 mg	133%
Vitamin K (as phytonadione)	80 mcg	67%
Thiamin (as thiamin HCl)	15 mg	1250%
Riboflavin	17 mg	1308%
Niacin (as niacinamide)	35 mg NE	219%
Vitamin B6 (as pyridoxine HCl)	10 mg	588%
Folate (as calcium L-5-methyltetrahydrofolate)	1360 mcg DFE	340%
Vitamin B12 (as methylcobalamin)	12 mcg	500%
Biotin (as d-biotin)	300 mcg	1000%
Pantothenic Acid (as calcium pantothenate)	20 mg	400%
Calcium (as calcium carbonate, calcium citrate, calcium gluconate, calcium amino acid oligofructose complex)	250 mg	19%
Iron (as iron amino acid oligofructose complex)	9 mg	50%
Iodine (as iodine amino acid oligofructose complex)	150 mcg	100%
Magnesium (as magnesium oxide, magnesium lactate, magnesium citrate, magnesium amino acid oligofructose complex)	200 mg	48%
Zinc (as zinc amino acid oligofructose complex)	15 mg	136%
Selenium (as selenium amino acid oligofructose complex)	105 mcg	191%
Copper (as copper amino acid oligofructose complex)	3 mg	333%
Manganese (as manganese amino acid oligofructose complex)	2.5 mg	109%
Chromium (as chromium amino acid oligofructose complex)	120 mcg	343%
Molybdenum (as molybdenum amino acid oligofructose complex)	75 mcg	167%
Boron (as boron amino acid oligofructose complex)	150 mcg	†

† Daily Value not established.

OTHER INGREDIENTS: Microcrystalline cellulose¹. Contains 2% or less of: hydroxypropyl methylcellulose¹, polyethylene glycol, hydroxypropylcellulose¹, stearic acid¹, silicon dioxide, magnesium stearate¹, cellulose gum¹, sodium alginate¹, carnauba wax¹, vanillin¹. ¹ Plant derived

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated specifically for the nutritional needs of women.* Consult your physician before taking this product if you are pregnant, planning to become pregnant, nursing, under a doctor's care, taking any medications (blood thinners), or administering to children under the age of 18. Keep out of reach of children. Tamper-evident inner seal; if broken, do not accept. Store in a cool, dry, dark place.

GLUTEN FREE

