GNC PUREDGETT sets the new standard for quality, nature-based sports nutrition without sacrificing delicious taste or the performance benefits you'd expect from the industry leader by providing powerful natural compounds and clinically studied ingredients. Each product is certified banned substance free, contains no unhealthy artificial additives, and features a powerful Functional Flavor System that utilizes active flavoring ingredients to go beyond delicious taste and deliver additional healthy functional benefits. These innovative products give you a strong and wholesome foundation for personal improvement in any fitness pursuit.\*

Complete Amino is a direct source of the branched chain amino acids (BCAA) that protect, repair and fuel your muscles from the everyday stressors of an active lifestyle. Natural fruit and vegetable extracts and additional amino acids are also included to support the daily functions of the body's major systems,\* This convenient solution is ideal for anytime replenishment.

The Whole-Food Enhanced Muscle Recovery Blend gives you what your body needs - amino acids; for one simple reason - your body can't make essential amino acids on its own. This advanced formula includes the BCAA leucine, isoleucine and valine - with additional amino acids - arginine, glutamine and citrulline - for the pure nutrition support you need to top your absolute best performance

- . Key 5g BCAA blend leucine, isoleucine and valine working together to protect, repair and fuel muscle from the everyday stressors of an active lifestyle\*
- . Powerful amino acids for immune system fuel and proper absorption function in the digestive system.
- 2.5g betaine, naturally occurring in beets for muscle cell hydration; citrulline from watermelon; and 1g arginine are all working together to support the everyday functions of the cardiovascular system\*
- . 1g carnitine supports metabolism efficiency\*
- . Advanced formula supports muscle function & recovery\*

Even the delicious natural flavor is working for you!

The GNC Functional Flavor System provides amazing taste plus functions as a system to provide additional health support.\* Instead of artificial ingredients, this system uses strawberry and watermelon, natural potent antioxidants, to provide a natural, great-tasting flavor while protecting muscle cells from harmful free radicals.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



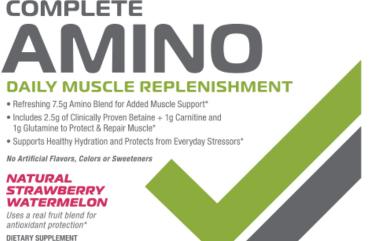
Net Wt 17.46 oz (1.09 lb) 495 a











## DIRECTIONS: As a dietary supplement, lightly stir or shake one scoop (16.5 g) in 8 to 10 fl. oz. of cold water or your favorite beverage

CODE 370085 and drink daily.

Supplement Facts Amount Per Serving

Serving Size One Scoop (16.5 g)	ruing Size One Scoon (18.5 g)		L-Carnitine (as L-Carnitine L-Tartrate)	1000 mg
Servings Per Container 30			Amino Balancer	
Amount Per Serving	% Daily	Value	Betaine (as BETAPOWER® Betaine Anhydrous)	2500 mg
	/o Dully	w circlo	L-Glutamine	1000 mg
Calories	15		L-Citrulline	500 mg
Total Carbohydrates	4 g	1%†	Functional Flavor System	1850 ma
Sugars	2 g	*	Natural Strawberry Flavor, Natural Watermelon	
Sodium (as Trisodium Citrate)	100 mg	4%	Natural Flavors (Strawberry Fruit Powder [as F	
Potassium (as Potassium Chloride)	60 mg	2%	[3% Polyphenols = 2.4 mg], Citrus Bioflavonois sinensis L.][25% Bioflavonoids = 6.25 mg], Wa	
Whole-Food Enhanced Muscle Recover	y Blend		& Rind Extract [as Citrullus lanatus][30% Citrulli	
L-Leucine	2500 mg		† Percent Daily Value based on a 2,000 calorie d	iet.
L-Isoleucine	1500 mg	*	* Daily Value not established.	1041
L-Valine	1000 mg	*		
L-Arginine	1000 mg	*		

nal Flavor System	1850 mg	*
al Strawberry Flavor, Natural Wate		
al Flavors (Strawberry Fruit Powde		(a)
olyphenols = 2.4 mg], Citrus Biofl		
sis L][25% Bioflavonoids = 6.25 r		
d Extract (as <i>Citrullus lanatus</i> )(30%	Citrulline = 10 mgj)	_
nt Daily Value based on a 2,000 c	alorie diet.	_
/alue not established.		

% Daily Value

OTHER INGREDIENTS: Cane Sugar, Malic Acid, Citric Acid, Red Beet Powder (for Color), Stevia Extract, Monk Fruit Extract, WARNING: Consult your physician prior to using this product if you are pregnant, nursing.

taking medication, or have a medical condition. Discontinue use two weeks prior to surgery NOTICE: Significant product settling may occur.

"Our products are tested by an independent third party lab for genetically modified material and test below a 0.9% threshold.





BETAPOWER® is a registered trademark of DuPont or its affiliates. Product was tested for over 145 banned substances on the 2013 World Anti-Doping Agency (WADA) Prohibited List via HFL skip lot

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place. For More Information:

1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation

Pittsburgh, PA 15222

## ✓ No Gluten-Added Ingredients

- Complete Amino Contains: ✓ No GMO\*-Added Ingredients
- ✓ No Banned Substances
- ✓ No Artificial Flavors, Colors or Sweeteners ✓ No Preservatives
- ✓ No Wheat, Yeast, Soy, Fish or Egg
- ✓ No Sugar Alcohols

