

GNC PUREEDGE™ sets the new standard for quality, nature-based sports nutrition without sacrificing delicious taste or the performance benefits you'd expect from the industry leader by providing powerful natural compounds and clinically studied ingredients. Each product is certified banned substance free, contains no unhealthy artificial additives, and features a powerful **Functional Flavor System** that utilizes active flavoring ingredients to go beyond delicious taste and deliver additional healthy functional benefits. These innovative products give you a strong and wholesome foundation for personal improvement in any fitness pursuit.*

Complete Amino is a direct source of the branched chain amino acids (BCAA) that protect, repair and fuel your muscles from the everyday stressors of an active lifestyle. Natural fruit and vegetable extracts and additional amino acids are also included to support the daily functions of the body's major systems.* This convenient solution is ideal for anytime replenishment.

The **Whole-Food Enhanced Muscle Recovery Blend** gives you what your body needs – amino acids; for one simple reason – your body can't make essential amino acids on its own. This advanced formula includes the BCAA – leucine, isoleucine and valine – with additional amino acids – arginine, glutamine and citrulline – for the pure nutrition support you need to top your absolute best performance.

- Key 5g BCAA blend – leucine, isoleucine and valine – working together to protect, repair and fuel muscle from the everyday stressors of an active lifestyle*
- Powerful amino acids for immune system fuel and proper absorption function in the digestive system*
- 2.5g betaine, naturally occurring in beets for muscle cell hydration; citrulline from watermelon; and 1g arginine are all working together to support the everyday functions of the cardiovascular system*
- 1g carnitine supports metabolism efficiency*
- Advanced formula supports muscle function & recovery*

The GNC **Functional Flavor System** provides amazing taste plus functions as a system to provide additional health support.* Instead of artificial ingredients, this system uses watermelon and mango, natural potent antioxidants, to provide a natural, great-tasting flavor while protecting muscle cells from harmful free radicals.* Even the delicious natural flavor is working for you!

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



COMPLETE AMINO

DAILY MUSCLE REPLENISHMENT

- Refreshing 7.5g Amino Blend for Added Muscle Support*
- Includes 2.5g of Clinically Proven Betaine + 1g Carnitine and 1g Glutamine to Protect & Repair Muscle*
- Supports Healthy Hydration and Protects from Everyday Stressors*

No Artificial Flavors, Colors or Sweeteners

NATURAL TROPICAL PUNCH

Uses a real fruit blend for antioxidant protection*

DIETARY SUPPLEMENT
Net Wt 17.25 oz (1.08 lb) 489 g

CODE 370084

DIRECTIONS: As a dietary supplement, lightly stir or shake one scoop (16.3 g) in 8 to 10 fl. oz. of cold water or your favorite beverage and drink daily.

Supplement Facts

Serving Size One Scoop (16.3 g)
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	20
Total Carbohydrates	5 g 2%†
Sugars	2 g *
Sodium (as Trisodium Citrate)	100 mg 4%
Potassium (as Potassium Chloride)	60 mg 2%

Whole-Food Enhanced Muscle Recovery Blend

L-Leucine	2500 mg *
L-Isoleucine	1500 mg *
L-Valine	1000 mg *
L-Arginine	1000 mg *

Amount Per Serving	% Daily Value
L-Carnitine (as L-Carnitine L-Tartrate)	1000 mg *

Amino Balancer

Betaine (as BETAPOWER® Betaine Anhydrous)	2500 mg *
L-Glutamine	1000 mg *
L-Citrulline	500 mg *

Functional Flavor System

1680 mg
Natural Tropical Flavor, Natural Pineapple Flavor and Other Natural Flavors (Mango Fruit Powder [as *Mangifera indica*] [0.2% Polyphenols = 0.1 mg], Citrus Bioflavonoids [as *Citrus sinensis* L.] [25% Bioflavonoids = 6.25 mg], Watermelon Fruit & Rind Extract [as *Citrullus lanatus*] [30% Citrulline = 10 mg])

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Cane Sugar, Citric Acid, Malic Acid, Red Beet Powder (for Color), Stevia Extract, Monk Fruit Extract, Grape Skin Extract (for Color).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling may occur.

* Our products are tested by an independent third party lab for genetically modified material and test below a 0.9% threshold.



BETAPOWER® is a registered trademark of DuPont or its affiliates.



* Product was tested for over 145 banned substances on the 2013 World Anti-Doping Agency (WADA) Prohibited List via HFL skip lot testing protocol #ICP0307. See gnc.com for more information.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

Complete Amino Contains:

- ✓ No Gluten-Added Ingredients
- ✓ No GMO*-Added Ingredients
- ✓ No Banned Substances
- ✓ No Artificial Flavors, Colors or Sweeteners
- ✓ No Preservatives
- ✓ No Wheat, Yeast, Soy, Fish or Egg
- ✓ No Sugar Alcohols

