

**SUGGESTED USE** Consume one capsule daily. You can increase your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**

**Since 1979, Unsurpassed Purity, Quality and Efficacy.**  
**100% SOLAR PRODUCTION**  
**ZERO-CARBON FOOTPRINT**

**PROCAPS**

**QUESTIONS? REORDERS?**  
**800.800.1200 PROCAPS.COM**

Manufactured by ProCaps Labs  
Henderson, NV 89011

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Dietary Supplement



**240 EASY-TO-SWALLOW CAPSULES**



ANDREW LESSMAN

**PROCAPS**



# PS 100 PHOSPHATIDYL SERINE

Brain and Nervous System Support  
Stress • Memory • Mood



**PHOSPHATIDYL SERINE 100** provides a concentrated source of the brain's most defining phospholipid. Phosphatidyl Serine (PS) is present in all cell membranes; however, it is in the brain where it is most highly concentrated and its benefits most apparent. Unfortunately, there are no good dietary sources of PS, so its independent benefits are only available via supplementation. Given Phosphatidyl Serine's high concentration in healthy brain structure, it is not surprising that PS plays a vital role in normal brain function. PS is essential for the production and release of neurotransmitters – those vital molecules that are required for all brain functions, such as thought, memory and concentration. PS has received the greatest attention given its role in a healthy response to certain forms of stress, along with supporting positive mood. PS is a natural addition to any modern wellness and anti-aging strategy, since life can often seem like a series of stressful experiences and a more positive response to stress would be highly desirable. Our **Phosphatidyl Serine 100** provides a natural tool to help promote our body's healthy, positive response to stress while supporting healthy brain function, including positive mood and mental clarity.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS**

## Supplement Facts

Serving Size 1 Capsule	Servings Per Container 240	
Amount Per Serving	%DV*	
Vitamin C (as calcium ascorbate/palmitate)	110 mg	122%
Vitamin B1 (as thiamin hydrochloride)	5 mg	417%
Vitamin B2 (as riboflavin)	5 mg	385%
Niacin (as niacinamide)	5 mg	31%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	294%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	25 mcg	1,042%
Pantothenic Acid (as calcium pantothenate)	5 mg	100%
<b>Phosphatidyl Serine</b>	<b>100 mg</b>	<b>†</b>

\* Percent Daily Values (% DV). † Daily Value not established.

Other Ingredients: Natural plant cellulose vegetarian capsule, Proprietary Protective Methyl B12 Matrix.

**CONTAINS NO** Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.