**SUGGESTED USE** Consume one capsule daily. You can increase your intake as required or as guided by your physician. For questions about the use of this product call 800.800.1200.

Since 1979, Unsurpassed Purity, Quality and Efficacy. 100% SOLAR PRODUCTION ZERO-CARBON FOOTPRINT



**OUESTIONS? REORDERS?** 

800.800.1200 PROCAPS.COM Manufactured by ProCaps Labs







**Protein's Most Fundamental Building Block** Supports Healthy Glucose Metabolism



(glyks). Glycine has become a popular supplement because of its role in, among other things, supporting healthy blood sugar balance and glucose metabolism. Glycine is the principal amino acid present in collagen, which is the body's predominant protein. and therefore plays a critical structural role in healthy skin, bones, joints, blood vessels and connective tissue (tendons, ligaments and cartilage). Glycine is also one of the three amino acids required to create glutathione, our body's most important and powerful protective molecule. Glycine also acts as an important neurotransmitter, while also serving as a signaling **Supplement Facts** molecule in the immune system. In short, despite glycine's small size and **Amount Per Serving** simple structure, it plays a multitude of critical roles in the most important

**GLYCINE 600** is a pure source of the simplest, yet uniquely important, amino acid

glycine. Glycine's name results from its subtly sweet taste and the Greek word for sweet

systems in our body. These statements have not been evaluated by the Food and Drug Administration. This product is not intended

to diagnose, treat, cure or prevent any disease. **CONTAINS NO ADDITIVES OR COMMONALLERGENS** 

Serving Size 1 Capsule Servings Per Container 360

600 mg

Glycine

† Daily Value not established.

Other Ingredients: Natural plant cellulose vegetarian capsule. CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.