

SUGGESTED USE Consume two capsules daily. You can increase or decrease your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**

Since 1979, Unsurpassed Purity, Quality and Efficacy.
100% SOLAR PRODUCTION
ZERO-CARBON FOOTPRINT



QUESTIONS? REORDERS?
800.800.1200 PROCAPS.COM

Manufactured by ProCaps Labs
Henderson, NV 89011



ANDREW LESSMAN



EVENING PRIMROSE and BLACK CURRANT SEED OIL

**Supports Hormone Balance
and Skin Health**



EVENING PRIMROSE and BLACK CURRANT SEED OIL provides a concentrated blend of essential fatty acids (particularly GLA) from evening primrose and black currant seed oils to gently support women through the menstrual cycle, as well as provide soothing relief to skin. Like vitamins, there are certain fatty acids your body cannot produce, yet are essential for health and must be obtained through diet or supplementation. Used traditionally to support women's health, evening primrose and black currant seed oils contain high levels of Gamma-Linolenic Acid (GLA), an essential omega-6 fatty acid, and an important precursor to hormone-like substances in the body called prostaglandins. Evening primrose oil has been shown to help to alleviate the mood swings and physical discomfort associated with premenstrual syndrome (PMS), along with some of the issues accompanying menopause and perimenopause. Evening primrose and black currant seed oils have also been observed to exert a soothing effect on skin, particularly irritated skin. Our softgel encapsulation process protects the fragile oils in this product from the damaging effects of oxidation thus preserving the benefits of this highly concentrated natural formula.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts		Serving Size 2 Softgels
		Servings 90
Amount Per Serving		% DV*
Calories 15		
Total Fat 1.5 g		2%
Saturated Fat 0 g		
Evening Primrose Oil	500 mg	†
GLA - Gamma-Linolenic Acid (Omega-6)	45 mg	
Linoleic Acid (Omega-6)	350 mg	
Oleic Acid (Omega-9)	30 mg	
Black Currant Seed Oil	900 mg	†
ALA - Alpha-Linolenic Acid (Omega-3)	90 mg	
GLA - Gamma-Linolenic Acid (Omega-6)	135 mg	
Linoleic Acid (Omega-6)	385 mg	
Oleic Acid (Omega-9)	90 mg	
* Percent Daily Value (% DV) are based on a 2,000 calorie diet.		
† Daily Value not established.		

Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).
CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.