

SUGGESTED USE Consume three capsules daily—preferably with food containing a small amount of fat. You can increase or decrease your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**

Since 1979, Unsurpassed Purity, Quality and Efficacy.

**100% SOLAR PRODUCTION
ZERO-CARBON FOOTPRINT**

PROCAPS

QUESTIONS? REORDERS?

800.800.1200 PROCAPS.COM

**Manufactured by ProCaps Labs
Henderson, NV 89011**

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607580-11M

Dietary Supplement



240 EASY-TO-SWALLOW CAPSULES



ANDREW LESSMAN

PROCAPS



ANDREW'S FIVE FAVORITES™

CONTAINS 200 MG OF

**CoEnzyme Q-10 · Alpha Lipoic Acid
Resveratrol · EGCG · Pomegranate**



ANDREW'S FIVE FAVORITES is Andrew Lessman's blend of his favorite ingredients to consume with his daily multivitamin. It starts with the unequalled protection of natural CoQ10, which is essential for all energy production and provides powerful anti-aging and antioxidant protection. CoQ10 is essential for the healthy function of all of our critical organs. Next is Alpha Lipoic Acid (ALA) - the "universal antioxidant" because it uniquely protects both water or lipid-based tissues delivering its benefits wherever they are needed. We also include EGCG from Green Tea and Resveratrol from Red Wine. EGCG is credited with the health benefits of Green Tea and the Asian diet, while Resveratrol receives the same credit for Red Wine and the Mediterranean diet. Lastly, we include Pomegranate because of its unique complement of protective polyphenols. **Andrew's Five Favorites** is a unique combination of protective ingredients that, after over 40 years of creating vitamins, Andrew feels deserve special consideration in your daily vitamin regimen.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 3 Capsules Servings Per Container 80

Amount Per Serving		%DV*
Vitamin C (as Ca ascorbate/palmitate)	120 mg	133%
Vitamin B12 (as methylcobalamin)	50 mcg	2,083%
Coenzyme Q-10 (natural ubiquinone)	200 mg	†
Alpha Lipoic Acid	200 mg	†
Green Tea, extract (leaf)	400 mg	†
standardized to 98% polyphenols		
Epigallocatechin Gallate	200 mg	
Resveratrol	200 mg	†
(from Polygonum cuspidatum (root) extract)		
Pomegranate Blend , extract (fruit)	200 mg	†
standardized to 40% punicalagins/40% ellagic acid		

* Percent Daily Values (% DV). † Daily Value not established.

Other Ingredients: Natural plant cellulose vegetarian capsule, Proprietary Protective Methyl B12 Matrix.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.