

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Contains 100 mg of caffeine.
No Artificial Flavors, Gluten Free, No Milk.
For More Information:
1-888-462-2548
GNC.com

GNC
WOMEN's

Multivitamin

ENERGY & METABOLISM

Specially formulated for
calorie burn & focus*
Timed-release



DIETARY SUPPLEMENT 90 CAPLETS/45-DAY SUPPLY

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 207112

DIRECTIONS: As a dietary supplement, take two caplets daily with food. Do not take near bedtime.

Supplement Facts

Serving Size Two Caplets/Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A 1500 mcg RAE 167%	(as 50% as beta-Carotene & 50% as Retinyl Acetate)
Vitamin C 300 mg 333%	(as Ascorbic Acid & Calcium Ascorbate)
Vitamin D (as Cholecalciferol) 50 mcg 250%	
Vitamin E (as d-alpha Tocopheryl Acetate) 20.1 mg 134%	
Vitamin K (as Phytonadione) 80 mcg 67%	
Thiamin (Vitamin B-1) 50 mg 4167%	(as Thiamin Mononitrate)
Riboflavin (Vitamin B-2) 50 mg 3846%	
Niacin (as Niacinamide & Niacin) 50 mg 313%	
Vitamin B-6 (as Pyridoxine Hydrochloride) 50 mg 2941%	
Folate 680 mcg DFE 170%	(400 mcg Folic Acid)

OTHER INGREDIENTS: Cellulose, Corn Starch, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Polyvinyl Alcohol, Polyethylene Glycol, Titanium Dioxide (Mineral Whitener), Talc, Spirulina Extract (Color), Riboflavin (Color), Natural Vanilla Mint Flavor, Steviol Glycosides.
CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod or a Combination Thereof).
Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA
Contains a bioengineered food ingredient.

Amount Per Serving	% Daily Value
Vitamin B-12 (as Cyanocobalamin) 50 mcg 2083%	
Biotin 300 mcg 1000%	
Pantothenic Acid (as Calcium d-Pantothenate) 50 mg 1000%	
Choline (as Choline Bitartrate) 10 mg 2%	
Calcium (as Calcium Carbonate, Calcium d-Pantothenate, Dicalcium Phosphate and Calcium Ascorbate) 300 mg 23%	
Iron (as Ferrous Fumarate) 18 mg 100%	
Iodine (as Potassium Iodide) 150 mcg 100%	
Magnesium (as Magnesium Oxide) 100 mg 24%	
Zinc (as Zinc Oxide) 25 mg 227%	
Selenium (as L-Selenomethionine) 200 mcg 364%	
Copper (as Cupric Sulfate) 2 mg 222%	
Manganese (as Manganese Sulfate) 2 mg 87%	
Chromium (as Chromium Chloride) 120 mcg 343%	
Molybdenum (as Sodium Molybdate) 75 mcg 167%	
Coffee (Coffea arabica) Bean Extract 102 mg *	(Standardized to 98% Caffeine = 100 mg)

Amount Per Serving	% Daily Value
alpha-Lipoic Acid 25 mg *	
Cayenne (Capsicum annuum) Fruit Extract 10 mg *	
Inositol 10 mg *	
Hyaluronic Acid (as Sodium Hyaluronate) 5 mg *	
Silica (as Silicon Dioxide) 4 mg *	
Black Pepper (Piper nigrum) Fruit Extract 2.6 mg *	(Standardized to 95% Piperine = 2.5 mg)
Boron (as Sodium Borate) 2 mg *	
Lutein 2 mg *	(from Marigold [Tagetes erecta] Flower Extract)
Lycopene 1 mg *	
Zeaxanthin (as Zeaxanthin Isomers 400 mcg *	from Marigold [Tagetes erecta] Flower Extract)
Astaxanthin (from Haematococcus pluvialis) 50 mcg *	
Vanadium (as Sodium Metavanadate) 10 mcg *	

* Daily Value not established.

WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Consult your physician prior to use if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.
KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.
Cayenne Fruit Extract as Capsimax®. Capsimax® is a trademark of OmniActive Health Technologies.

Lot No./Best By:

AZG-333