

The POWER to Build and Repair!*

High Intensity Cross-Training (HICT) is a new breed of training used to achieve peak physical fitness and lean muscle development. However, these fast-paced extreme workouts may also lead to muscle damage, soreness and runaway muscle catabolism, all of which can hinder your results. Now, you have the POWER to "turn off" muscle soreness and muscle wasting (catabolism) and "turn on" recovery and muscle building (anabolism) with Clinically Dosed, Patent Pending X-FIT POWER to achieve even better results from your workouts!*

The POWER to RECOVER!*

Full Clinical Dose of HICA – Reduces DOMS and Builds Lean Muscle: Recover faster from today's workout for a better and stronger workout tomorrow! In clinical studies, athletes taking DL- α -hydroxyisocaproic acid (HICA) in the same dose as provided by POWER reported a dramatic reduction in delayed onset muscle soreness (DOMS) and a measureable increase in lean body mass. HICA is a naturally occurring amino acid derivative that demonstrates powerful recovery and anti-catabolic activity.*

The Muscle Building POWER of More TESTOSTERONE!*

Full Clinical Dose of DAA – Increase Testosterone up to 42% in Just 12 Days: When it comes to muscle building, the anabolic power of elevated testosterone is king! In a clinical study, subjects taking the same dose of D-aspartic acid (DAA) provided by POWER increased their testosterone level by an average of 42% after just 12 days. DAA is a safe natural testosterone optimizer with powerful anabolic and androgenic activity.*

U.S. Patent Pending: POWER's unique composition of clinically dosed HICA and DAA is patent pending.

BANNED SUBSTANCE FREE**

**Does not contain any substances banned by World Anti-Doping Agency (WADA).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Clinically
Dosed

MHP
MAXIMUM HUMAN PERFORMANCE

BANNED
SUBSTANCE
FREE**

FIT
POWER

MUSCLE • STRENGTH • RECOVERY

24-Hour Muscle Building & Repair Formula
Dietary Supplement

168 Tablets

XTREME FITNESS INTENSITY TRAINING

DIRECTIONS: To support 24 hour muscle building and repair, take 2 tablets of POWER 3 times daily with meals (6 tablets daily).*

Supplement Facts

Serving Size: 2 Tablets
Serving Per Container: 84

	Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	6 mcg	100%

POWER 24 Hour Muscle Building & Repair System (Patent Pending)*

DL- α -hydroxyisocaproic acid (HICA)	567.9 mg	‡
D-aspartic acid (DAA)	1,000 mg	‡

‡ Daily Value not established.

Other ingredients: Microcrystalline cellulose, calcium carbonate, stearic acid, croscarmellose sodium, crospovidone, magnesium stearate, silica and film coat ingredients (hypromellose, polydextrose, titanium dioxide, Blue 2, talc, maltodextrin and medium chain triglycerides).

WARNING: POWER is strictly intended for healthy males 18 years of age and over. Do not use if you are currently unaware of your health status, if you have any pre-existing medical conditions or if you are taking any medication. KEEP OUT OF REACH OF CHILDREN.

- Keep out of reach of children.
- Protect from heat, light and moisture.
- Do not purchase if seal is broken.
- Store at 15°-30°C (59°-86°F).

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