RECOMMENDED USE: Take two (2) capsules per day or as directed by your healthcare professional.

WARNING: Intended for use by adults 18 years of age and over. Do not use if the seal is broken. If you are pregnant. nursing, taking any medications or have any medical condition.

consult your doctor before use KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL DRY PLACE AWAY FROM HEAT AND MOISTURE

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat

cure, or prevent disease







LION'S MANE, BACOPA. & ALPHA GPC

DIETARY SUPPLEMENT **60 CAPSULES**



Supplement Facts

Vitamin C (as Ascorbic Acid)	90 mg	100%
Niacin (as Niacinamide)	20 mg NE	125%
Vitamin B6 (as Pyridoxine HCI)	10 mg	588%
Vitamin B12 (as Methylcobalamin)	100 mcg	4,167%
Cognative Choline Complex Choline Bitrartrate, Alpha GPC 50%, Citicoline Sodium (CDP Choli	300 mg	1





CITICOLINE AND L-TYROSINE

OTHER INGREDIENTS: Hypromellose (capsule) CognatiQ™ is a trademark of VDF FutureCeuticals, Inc.