

Recommended Use: As a dietary supplement, take two capsules per day with a meal, or as directed by your health care practitioner

Notice: Color, size or shape may appear different between lots.

**STORE AT ROOM TEMPERATURE.
KEEP OUT OF REACH OF CHILDREN.**

CAUTION: If you are pregnant, nursing, under the age of 18, taking medications, or have a known medical condition, you should consult a physician before using this or any dietary supplement. Do not exceed recommended dose. Immediately discontinue use and consult your physician if any adverse reaction occurs.



PCOS NUTRITION CENTER™

PCOS MULTI® Multivitamin



Dietary Supplement
60 Capsules

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 30

Amount Per Serving		% Daily Value
Vitamin A (as Beta-Carotene)	900mcg	100%
Vitamin C (as Calcium Ascorbate)	100mg	111%
Vitamin D (as Cholecalciferol)	(1,000IU) 25mcg	125%
Vitamin E (as DL-Alpha Tocopheryl Acetate)	13.5mg Alpha-Tocopherol	90%
Vitamin K (as Mannitol)	90mcg	75%
Vitamin B-1 (as Thiamin)	5mg	417%
Vitamin B-2 (as Riboflavin)	5mg	385%
Vitamin B-3 (as Niacin)	20mg	125%
Vitamin B-6 (as Pyridoxine HCl)	30mg	1765%
L-Methyl Folate Calcium	1020mcg Folate DFE	255%
Vitamin B-12 (as Methylcobalamin)	250mcg	10417%
Biotin	500mcg	1667%
Pantothenic Acid (as D-Calcium Pantothenate)	6mg	120%
Calcium (as Calcium Carbonate)	150mg	12%
Iodine (as Kelp)	150mcg	100%
Magnesium (as Magnesium Oxide)	100mg	24%
Zinc (as Zinc Amino Acid Chelate)	30mg	273%
Selenium (as Selenium Amino Acid Chelate)	70mcg	127%
Copper (as Copper Gluconate)	4mg	444%
Chromium (as Chromium Amino Acid Chelate)	100mcg	286%

*Daily Value Not Established

Other Ingredients: Rice Flour, Microcrystalline Cellulose, Talc Powder, Vegetable Capsule (Hydroxypropyl Methylcellulose)

Distributed by:
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Report any adverse reactions to: 484-252-9028