

ULTRA PREMIUM WHEY PROTEIN POWDER

WHEY-HD™

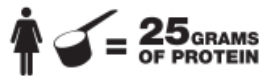
WHEY-HD™ is an ultra-premium Muscle Building Protein Powder. This protein formula features multiple quality whey proteins resulting in a nutritious and multi-functional protein supplement that ensures a superior bio-available protein source for athlete muscle. WHEY-HD™ includes a unique enzyme formulation to support the digestion of protein, and delivers 5.5 grams of branched chain amino acids per serving to counter muscle protein breakdown.* As any athlete and active individual knows, high-quality protein is essential for building and maintaining lean muscle mass.†

SUGGESTED USE: Mix one scoop of WHEY-HD™ with 6-8 ounces of cold water and drink immediately after workout or strenuous activity. May also be taken anytime to promote recovery and help build strong muscles.† For optimal results, use in conjunction with a proper diet and always consult with a physician prior to beginning a training regimen.

RECOMMENDED USE BY GENDER



**50 GRAMS
OF PROTEIN**



**25 GRAMS
OF PROTEIN**

DIRECTIONS AND USE



SHAKER

Add 1 scoop of WHEY-HD™ to your shaker. Close and shake for 30 seconds.



BLENDER

Add 1 scoop of WHEY-HD™ to blender. Blend for 20 seconds, add ice and blend for 20 extra seconds.



STIR

Add 1 scoop of WHEY-HD™ to large glass. Stir for 20-30 seconds or until the powder is completely dissolved.

USE IN CONJUNCTION WITH:

- ✓ Muscle / Strength Building Programs†
- ✓ Power / Endurance Programs†
- ✓ Nutrition / Weight Loss Programs†

*Naturally existing as part of the whey blend.

ProHydrolase® is a trademark of Deerland Enzymes, all rights reserved.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

† When combined with a proper exercise and nutrition regimen. Statements based on early-stage independent 3rd party in vivo and / or in vitro model scientific research data findings for individual ingredients.



NEW!

bpi
SPORTS

BE POWERFUL®

DELICIOUS FLAVOR! • HIGH IN PROTEIN! • MIXES EASILY!

ULTRA PREMIUM WHEY PROTEIN POWDER

WHEY-HD™

PRE POST

**5.5G
BCAA's***

**GLYCEROL
MONOSTEARATE**

**25
SERVS.**

50G

**ULTRA PREMIUM
PROTEIN** Per 2 Scoops

ADVANCED DIGESTIVE ENZYMES†

To be used in conjunction with:

Muscle / Strength Building Programs†

Power / Endurance Programs†

Nutrition / Weight Loss Programs†

NET WT 2.31 lbs. (1,050 GRAMS) • DIETARY SUPPLEMENT



MILK & COOKIES
Natural & Artificial Flavors

Supplement Facts

Serving Size 1 Scoop (42 grams)
Servings Per Container 25

Amount Per Serving		% Daily Value
Calories	126	
Calories from Fat	18	
Total Fat	2 g	3%†
Saturated Fat	1 g	5%†
Cholesterol	50 mg	17%
Total Carbohydrate	3 g	1%†
Dietary Fiber	2 g	8%†
Sugars	1 g	**
Protein	25 g	50%†
Calcium	125 mg	13%
Sodium	80 mg	3%

† Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Muscle building protein blend (whey protein concentrate, milk protein concentrate, whey protein isolate, milk protein isolate), dextrin, natural and artificial flavors, non-fat dry milk, fiber blend (cellulose gum, xanthan gum, carrageenan gum), silica, sucralose, acesulfame-K, glycerol monostearate, and ProHydrolase® (proprietary/patented enzyme blend).

Contain(s): Milk and soy.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES PEANUTS, EGG, TREE NUTS, AND WHEAT.

bpi
SPORTS

Manufactured for and Distributed By:
BPI Sports.
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RECYCLE