

Regular exercise and a healthy diet with enough calcium helps all women approximately 11 to 35 years of age maintain good bone health and may reduce their high risk of osteoporosis later in life.

For persons with a family history of osteoporosis, menopausal women, or elderly men and women, adequate calcium intake is linked to reduced risk of osteoporosis through the mechanism of slowing the rate of bone loss.

Adequate calcium intake is important but daily intakes above 2000 mg are not likely to provide any additional benefits.

The CALCIUM CITRATE used in this product meets USP standards for purity and potency.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.**

TWO TABLETS PROVIDE: 400 mg calcium, 40% of the daily value.

FOUR TABLETS PROVIDE: 800 mg calcium, 80% of the daily value.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

CAUTION: If you are pregnant or nursing do not take this product.

Fight OSTEOPOROSIS

dc[®]

Quality
PURE[®]

Gluten Free

#950

**CALCIUM
CITRATE**

950 MG w/Vitamin D

"Calcium Builds Strong Bones"

**Now with
Vitamin
D-3**

Dietary Supplement

TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV
Vitamin D-3 250 IU 63% (as cholecalciferol)	
Calcium 200 mg 20% (as calcium citrate) (from 950 mg calcium citrate)	

Other ingredients: Vegetable stearic acid, vegetable cellulose, silica.

DIRECTIONS: As a dietary supplement, take 1 to 2 tablets two times daily.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

Manufactured by: **Dee Cee Laboratories, Inc.**®
304 Dee Cee Rd., White House, TN 37188
Made in USA

Rev. #03