

DIRECTIONS FOR USE

Adults: 7 tablets per day.

Either take 7 tablets first thing in the morning or split into 2 doses, in the morning and later in the day.

Xtend-Life™ Total Balance

Women's Premium is our ultimate comprehensive nutrient system, containing a broad range of nutrients to support overall female health* and the maintenance of healthy cells* and general wellness*.

Store in a cool, dry place.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



PREMIUM

total balance women's premium

dietary supplement
Comprehensive Nutrient System

Advanced Formula
Enteric Coated

210 TABLETS



Supplement Facts

Serving size: 7 Tablets
Servings per container: 30

Amount Per Serving	%DV*
Calories	30
Total Fat	0.5 g 1%
Total Carbohydrate	4 g 1%
Dietary Fiber	2 g 8%
Protein	2 g 4%
Vitamin A (from Natural Beta Carotene)	1725 mcg 192%
Vitamin C (as Calcium Ascorbate, Potassium Ascorbate, Ascorbyl Palmitate)	280 mg 311%
Vitamin D3 (as Cholecalciferol) (1000 IU)	25 mcg 125%
Vitamin E (from D-Alpha Tocopheryl Succinate)	15 mg 100%
Vitamin K2 Blend (Menaquinone-4, 90mcg, MenaQ7® Menaquinone-7, 90mcg)	180 mcg 150%
Thiamin (as Thiamin HCl)	12 mg 1000%
Riboflavin (as Riboflavin-5-Phosphate)	10 mg 769%
Niacin (as Nicotinic Acid & Niacinamide)	26 mg 163%
Vitamin B6 (as Pyridoxal-5-Phosphate)	8 mg 471%
Folate (as Calcium L-5-methyltetrahydrofolate)	300 mcg 75%
Vitamin B12 (as Cobamamide)	24 mcg 1000%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium Pantothenate)	41 mg 820%
Choline (as Choline Bitartrate and Phosphatidyl Choline)	41 mg 7%
Calcium (from Red Algae (<i>Lithothamnium</i> species), Dicalcium Phosphate, Calcium Ascorbate, Calcium Magnesium Inositol Hexaphosphate, Calcium Pantothenate, Calcium L-5-methyltetrahydrofolate)	81 mg 6%
Phosphorus (as Dicalcium Phosphate, Calcium Magnesium Inositol Hexaphosphate, Pyridoxal-5-Phosphate, Riboflavin-5-Phosphate)	30 mg 2%

Amount Per Serving	%DV*
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Hydroxide (from Sea Water), Calcium Magnesium Inositol Hexaphosphate)	67 mg 16%
Zinc (as Zinc Citrate)	9 mg 82%
Selenium (as L-Selenomethionine)	100 mcg 182%
Manganese (as Manganese Citrate)	2.2 mg 96%
Chromium (as Chromium Picolinate)	106 mcg 303%
Molybdenum (as Molybdenum Glycinate)	64 mcg 142%
Sodium	25 mg 1%
Potassium (as Potassium Ascorbate, Tripotassium Citrate, Potassium Iodide)	71 mg 2%
L-Lysine HCl	163 mg **
Sea Buckthorn Fruit Extract (Cyanthox™30)	111 mg **
L-Glutamine	101 mg **
Aloe Vera Leaf Extract	100 mg **
L-Carnosine	100 mg **
L-Histidine HCl	100 mg **
L-Tyrosine	100 mg **
Milk Thistle Seed Extract	100 mg **
MSM (Methylsulfonyl Methane)	100 mg **
Reduced Glutathione	100 mg **
Betaine HCl	98 mg **
Dimethylglycine HCl	90 mg **
L-Arginine HCl	90 mg **
L-Methionine	90 mg **
N-Acetyl Glucosamine	79 mg **
RNA (Ribonucleic Acid from Yeast)	75 mg **
N-Acetyl L-Cysteine	74 mg **
Bacopa Leaf Extract	70 mg **
DeltaGold® Tocotrienol Complex (30% Tocotrienols, 20 mg)	67 mg **
Inositol (as Inositol & Inositol Hexaphosphate)	59 mg **
SAMe (from 96 mg of S-Adenosylmethionine Tosylate)	51 mg **
Astragalus Root Extract	50 mg **

Amount Per Serving	%DV*
Beta Glucan (from Yeast)	50 mg **
Ginger Root Extract	50 mg **
Ginkgo Leaf Extract	50 mg **
Guggul Gum Extract	50 mg **
L-Cysteine	50 mg **
L-Ornithine HCl	50 mg **
L-Proline	50 mg **
L-Pyrogutamic Acid	50 mg **
Nigella Seed Extract	50 mg **
Olive Leaf Extract	50 mg **
PABA (p-Aminobenzoic Acid)	50 mg **
Pau D'Arco Bark Extract	50 mg **
Taurine	50 mg **
Turmeric Root Extract	50 mg **
Blackcurrant Extract (Oxi-fend®)	40 mg **
Coenzyme Q-10	40 mg **
Grape Seed Extract	30 mg **
Mineral Sea Salts	30 mg **
Piperine (from Black Pepper)	28 mg **
Alpha Lipic Acid	25 mg **
Phosphatidyl Choline (from Sunflower Seed Lecithin)	25 mg **
Trans-Resveratrol (from Japanese Knotweed Root)	25 mg **
R-Lipoic Acid	25 mg **
Alfalfa Leaf & Stem Extract	10 mg **
Phosphatidyl L-Serine (from Sunflower)	10 mg **
Rutin (from Japanese Sophora Bud)	9 mg **
Policosanol (from Sugar Cane)	8 mg **
Bamboo Extract	6 mg **
ATP (from Yeast)	5 mg **
Lutein (from Aztec Marigold Flower)	3 mg **
Lycopene (from Tomato)	900 mcg **
Astaxanthin (from <i>Haematococcus pluvialis</i>)	800 mcg **
Boron (as Boron Citrate)	600 mcg **
Zeaxanthin (from Aztec Marigold Flower)	500 mcg **

Amount Per Serving	%DV*
Female Health Support Blend	500 mg **
Chasteberry Fruit Extract, Damiana Leaf Extract, Dong Quai Root Extract, Feverfew Leaf Extract, Sarsaparilla Root Extract	
Enzyme Blend	150 mg **
Bromelain (from Pineapple Stem), Nattozymes Protease (from <i>Aspergillus oryzae</i> & <i>Aspergillus melles</i>), Amylase (from <i>Aspergillus oryzae</i>), Lipase (from <i>Aspergillus niger</i>)	

* Percent daily values (DV) are based on a 2000 calorie diet
** Daily value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Dextrose, Enteric Coating (Purified Water, Ethylcellulose, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Sodium Carboxymethyl Cellulose, Talc, Polydextrose), Maltodextrin, Silicon Dioxide, Sodium Carboxymethyl Cellulose, Rice Extract, Rice Hulls, Gum Arabic, Sunflower Oil.

NATURAL PRODUCTS (NZ) LTD

MEMBER OF THE XTEND-LIFE GROUP

12 MARY MULLER DRIVE,
CHRISTCHURCH 8022, NEW ZEALAND
INTERNATIONAL PH: +64 3 384 2116

USA/CANADA PH: 1888 487 9304

WWW.XTEND-LIFE.COM

MADE IN NEW ZEALAND USING IMPORTED
AND LOCAL INGREDIENTS



NEW ZEALAND.COM
Licence No.100055

Batch number:

Manufactured:

Use by date: