

DIRECTIONS FOR USE

Adults: 4 tablets per day.

Either take 4 tablets first thing in the morning or split into 2 doses, in the morning and later in the day.

Xtend-Life™ Total Balance

Men's is a comprehensive nutrient system, containing a broad range of nutrients to support overall male health* and general wellness*.

Store in a cool, dry place.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



total balance men's

dietary supplement
Comprehensive Nutrient System

Advanced Formula
Enteric Coated

120 TABLETS



Supplement Facts

Serving size: 4 Tablets

Servings per container: 30

Amount Per Serving	%DV*
Calories	15
Total Carbohydrate	1 g 1%
Dietary Fiber	1 g 4%
Vitamin A (from Natural Beta Carotene)	1725 mcg 192%
Vitamin C (as Calcium Ascorbate, Potassium Ascorbate, Ascorbyl Palmitate)	193 mg 214%
Vitamin D3 (as Cholecalciferol) (1000 IU)	25 mcg 125%
Vitamin E (from D-Alpha Tocopheryl Succinate)	15 mg 100%
Vitamin K2 Blend (Menaquinone-4, 90mcg, MenaQ7® Menaquinone-7, 90mcg)	180 mcg 150%
Thiamin (as Thiamin HCl)	12 mg 1000%
Riboflavin (as Riboflavin-5-Phosphate)	10 mg 769%
Niacin (as Nicotinic Acid & Niacinamide)	26.1 mg 163%
Vitamin B6 (as Pyridoxal-5-Phosphate)	8 mg 471%
Folate (as Calcium L-5-methyltetrahydrofolate)	300 mcg 75%
Vitamin B12 (as Cobamamide)	24 mcg 1000%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium Pantothenate)	41 mg 820%
Choline (as Choline Bitartrate and Phosphatidyl Choline)	39 mg 7%
Calcium (from Red Algae (<i>Lithothamnium</i> species), Calcium Ascorbate, Dicalcium Phosphate, Calcium Magnesium Inositol Hexaphosphate, Calcium Pantothenate, Calcium L-5-methyltetrahydrofolate)	70 mg 5%
Phosphorus (as Calcium Magnesium Inositol Hexaphosphate, Dicalcium Phosphate, Pyridoxal-5-Phosphate, Riboflavin-5-Phosphate)	20 mg 2%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Hydroxide (from Sea Water), Calcium Magnesium Inositol Hexaphosphate)	65 mg 16%
Zinc (as Zinc Acetate Dihydrate & Zinc Citrate)	15 mg 136%
Selenium (as L-Selenomethionine)	100 mcg 182%
Copper (as Copper Gluconate)	0.2 mg 22%
Manganese (as Manganese Citrate)	2.2 mg 96%

Amount Per Serving	%DV*
Chromium (as Chromium Picolinate)	106 mcg 303%
Molybdenum (as Molybdenum Glycinate)	64 mcg 142%
Sodium	15 mg <1%
MSM (Methylsulfonyl Methane)	100 mg **
Inositol (as Inositol & Inositol Hexaphosphate)	59 mg **
Astragalus Root Extract	50 mg **
Bacopa Leaf Extract	50 mg **
DeltaGold® Tocotrienol Complex (30% Tocotrienols, 15 mg)	50 mg **
Sea Buckthorn Fruit Extract (Cyanthox™30)	50 mg **
Milk Thistle Seed Extract	50 mg **
Nigella Seed Extract	50 mg **
PABA (p-Aminobenzoic Acid)	50 mg **
Pau D'Arco Bark Extract	50 mg **
Betaine HCl	49 mg **
Ginkgo Leaf Extract	40 mg **
Beta Glucan (from Yeast)	35 mg **
Dimethylglycine HCl	30 mg **
Mineral Sea Salts	30 mg **
N-Acetyl Glucosamine	29 mg **
Alpha Lipoic Acid	25 mg **
R-Lipoic Acid	25 mg **
Turmeric Root Extract	25 mg **
SAME (from 28 mg S-Adenosylmethionine Tosylate)	15 mg **
Phosphatidyl Choline (from Sunflower Seed Lecithin)	11 mg **
Alfalfa Leaf & Stem Extract	10 mg **
Piperine (from Black Pepper)	9 mg **
Coenzyme Q-10	8 mg **
Trans-Resveratrol (from Japanese Knotweed Root)	7 mg **
Bamboo Extract	6 mg **
ATP (from Yeast)	5 mg **
Policosanol (from Sugar Cane)	4 mg **
Boron (as Boron Citrate)	600 mcg **
Male Health Support Blend	488 mg **
Saw Palmetto Fruit Extract, Stinging Nettle Root Extract, Chrysin (from Oroxylium Bark), Cistanche Tubulosa Stem Extract, Tribulus Terrestris Extract (whole herb), Beta-Sitosterol (from Soybean), Zinc Acetate Dihydrate, Lycopene (from Tomato)	

Amount Per Serving	%DV*
Amino Acid Blend	230 mg **
L-Arginine HCl, L-Carnosine, L-Methionine, L-Tyrosine, Reduced Glutathione	
Enzyme Blend	125 mg **
Bromelain (from Pineapple Stem), Nattozymes Protease (from <i>Aspergillus oryzae</i> & <i>Aspergillus melleus</i>), Amylase (from <i>Aspergillus oryzae</i>), Lipase (from <i>Aspergillus niger</i>)	
Eye Health Blend	13 mg **
Rutin (from Japanese Sophora Bud), Lutein (from Aztec Marigold Flower), Astaxanthin (from <i>Haematococcus pluvialis</i>), Zeaxanthin (from Aztec Marigold Flower)	

* Percent daily values (DV) are based on a 2000 calorie diet

** Daily value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Dextrose, Enteric Coating (Purified Water, Ethylcellulose, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Sodium Carboxymethyl Cellulose, Talc, Polydextrose), Maltodextrin, Tripotassium Citrate, Silicon Dioxide, Sodium Carboxymethyl Cellulose, Rice Extract, Rice Hulls, Gum Arabic, Sunflower Oil.

Contains Soy.

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**MADE IN NEW ZEALAND USING IMPORTED
AND LOCAL INGREDIENTS**

Batch number:

Manufactured:

Use by date: