

DIRECTIONS FOR USE

Adults: 2 soft gels 1 or 2 times per day.
For optimal absorption, take with food.
If you are on blood thinning medications
or aspirin please consult your health
professional before using fish oil.

**Xtend-Life™ Omega 3 / QH
premium CoQ10** features our unique
blend of New Zealand Hoki Oil and
concentrated Tuna Oil together with
genuine Kaneka Ubiquinol™, the
most premium, non-oxidized CoQ10
available. Also includes the added
benefits of Astaxanthin and Lycopene.*

Store in a cool, dry place.

***THESE STATEMENTS HAVE NOT BEEN
EVALUATED BY THE FOOD AND DRUG
ADMINISTRATION. THIS PRODUCT IS
NOT INTENDED TO DIAGNOSE, TREAT,
CURE OR PREVENT ANY DISEASE.**

Batch number:
Manufactured:
Use by date:



PREMIUM

omega 3 / QH
premium CoQ10

Kaneka Ubiquinol™ 50 mg / serving

MADE WITH QUALITY
kaneka
UBIQUINOL

DIETARY SUPPLEMENT

60 SOFT GELS

BEST QUALITY GUARANTEE

Supplement Facts

Serving size: 2 Soft Gels
Servings per container: 30

Amount Per Serving	%DV*
Calories	20
Total Fat	2 g 3%
Saturated Fat	<0.5 g 1%
Polyunsaturated Fat	1.5 g **
Monounsaturated Fat	<0.5 g **
Fish Oil	2 g **
Total Omega 3 Fatty Acids	1.1 g **
DHA (Docosahexaenoic Acid) (700 mg)	**
EPA (Eicosapentaenoic Acid) (300 mg)	**
Total Omega 9 Fatty Acids	190 mg **
Total Omega 6 Fatty Acids	40 mg **
Kaneka Ubiquinol™	50 mg **
Lycopene (from Tomato)	2 mg **
Astaxanthin (from Haematococcus pluvialis)	600 mcg **

* Percent daily values (DV) are based on a 2000 calorie diet
** Daily value (DV) not established

OTHER INGREDIENTS: SOFT GEL (GELATIN, GLYCEROL,
WATER, ANNATTO [COLOR]), BEESWAX, ANTIOXIDANT
VITAMIN E OIL (TO PRESERVE FRESHNESS).
CONTAINS FISH (BIGEYE TUNA AND NEW ZEALAND
HOKI).

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MADE IN NEW ZEALAND USING IMPORTED AND LOCAL
INGREDIENTS



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