

DIRECTIONS FOR USE

Age 12 years & over: 2 capsules per day. Either take both capsules first thing in the morning or split into 2 doses, in the morning and later in the day.

Xtend-Life™ Multi-Xtra

is an advanced multi vitamin/mineral supplement with additional specialty nutrients to support bioavailability* and good health*.

Store in a cool, dry place.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

Batch number:

Manufactured:

Use by date:

L1057-21



multi-xtra

Advanced Formula
Specialty Nutrients

DIETARY SUPPLEMENT

60 VEGE CAPSULES



Supplement Facts

Serving size: 2 Capsules

Servings per container: 30

Amount Per Serving	%DV*
Calories	5
Total Carbohydrate	1 g <1%
Vitamin A (from Natural Beta Carotene)	1720 mcg 192%
Vitamin C (as Calcium Ascorbate, Potassium Ascorbate, Ascorbyl Palmitate)	155 mg 172%
Vitamin D3 (as Cholecalciferol)	25 mcg(1000 IU) 125%
Vitamin E (from D-Alpha Tocopheryl Succinate)	15 mg 100%
Vitamin K (as Menaquinone-4)	180 mcg 150%
Thiamin (as Thiamin HCl)	12 mg 1000%
Riboflavin (as Riboflavin-5-Phosphate)	10 mg 769%
Niacin (as Nicotinic Acid & Niacinamide)	26 mg 163%
Vitamin B6 (as Pyridoxal-5-Phosphate)	8 mg 471%
Folate (as Calcium 5MTHF)	500 DFE 125%
	300 mcg Folic Acid
Vitamin B12 (as Cobamamide)	24 mcg 1000%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium Pantothenate)	41 mg 820%
Choline (as Choline Bitartrate and Phosphatidyl Choline)	40 mg 7%
Calcium (from Red Algae (Lithothamnium species), Calcium Ascorbate, Calcium Magnesium Inositol Hexaphosphate, Dicalcium Phosphate, Calcium Pantothenate, Calcium L-5-methyltetrahydrofolate)	60 mg 5%
Iodine (as Potassium Iodide)	150 mcg 100%

Amount Per Serving	%DV*
Magnesium (as Magnesium Hydroxide (from Sea Water), Calcium Magnesium Inositol Hexaphosphate)	65 mg 16%
Zinc (as Zinc Citrate)	10 mg 91%
Selenium (as L-Selenomethionine)	100 mcg 182%
Copper (as Copper Gluconate)	0.1 mg 11%
Manganese (as Manganese Citrate)	2.2 mg 97%
Chromium (as Chromium Picolinate)	100 mcg 291%
Molybdenum (as Molybdenum Glycinate)	64 mcg 143%
MSM (Methylsulfonyl Methane)	100 mg **
DeltaGold® Tocotrienol Complex (30% Tocotrienols, 20 mg)	67 mg **
Inositol (as Inositol & Inositol Hexaphosphate)	60 mg **
PABA (p-Aminobenzoic Acid)	50 mg **
Mineral Sea Salts	30 mg **
Betaine HCl	24 mg **
Phosphatidyl Choline (from Sunflower Seed Lecithin)	11 mg **
Alfalfa Leaf & Stem Extract	10 mg **
Amylase (from <i>Aspergillus oryzae</i>)	10 mg **
Bromelain (from Pineapple Stem)	10 mg **
Rutin (from Japanese Sophora Bud)	10 mg **
Piperine (from Black Pepper)	5 mg **
Bamboo Extract	4 mg **
Lutein (from Aztec Marigold Flower)	1.25 mg **
Boron (as Boron Citrate)	600 mcg **
Lycopene (from Tomato)	180 mcg **
Zeaxanthin (from Aztec Marigold Flower)	25 mcg **

* Percent daily values (DV) are based on a 2000 calorie diet

** Daily value (DV) not established

OTHER INGREDIENTS: TRIPOTASSIUM CITRATE, RICE EXTRACT, RICE HULLS, GUM ARABIC, SUNFLOWER OIL, MALTODEXTRIN, CAPSULE (HYDROXYPROPYLMETHYL CELLULOSE, WATER).

NATURAL PRODUCTS (NZ) LTD
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