



NO GMOs



NO SOY



NO GLUTEN



VEGAN  
FRIENDLY

NO COLORING,  
PRESERVATIVES  
OR FLAVORING



**Suggested Use:** Adults take one (1) capsule daily with a meal and a full glass of water.

**Does NOT contain** GMOs, soy, gluten, dairy, eggs, fish, shellfish, tree nuts, peanuts, sesame, or preservatives. Suitable for vegans and vegetarians.

**Caution:** Keep out of reach of children. As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before using this product. Store in a cool, dry place.

**Do not use if safety seal under the lid is broken or missing.**

Aquamin® is a registered trademark of Marigot Limited.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Formulated and distributed by:**  
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1D-WOM50-60-U-2401

**NATURELO®**  
FROM NATURE WITH LOVE®

**ONE DAILY  
MULTIVITAMIN**

**FOR WOMEN 50+**

**60  
VEGETARIAN  
CAPSULES**

**DIETARY SUPPLEMENT**

**FORMULATED TO SUPPORT  
BONE, HEART, & BRAIN HEALTH\***



Best Before: See date on bottom.

# Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 60

| Amount Per Serving                                                          | %DV                         |
|-----------------------------------------------------------------------------|-----------------------------|
| Vitamin A (as Natural Beta Carotene from <i>Blakeslea trispora</i> )        | 900 mcg RAE 100%            |
| Vitamin C (as L-Ascorbate and Acerola Cherry Extract)                       | 90 mg 100%                  |
| Vitamin D3 (as Plant-based Cholecalciferol from Wild-harvested Lichen)      | 22 mcg (880 IU) 110%        |
| Vitamin E (as d-Alpha Tocopheryl from Sunflower)                            | 15 mg alpha tocopherol 100% |
| Vitamin B1 (from Thiamine HCl)                                              | 1.5 mg 125%                 |
| Vitamin B2 (Riboflavin)                                                     | 1.3 mg 100%                 |
| Vitamin B3 (as Niacinamide)                                                 | 16 mg NE 100%               |
| Vitamin B6 (from Pyridoxal-5-Phosphate)                                     | 1.9 mg 112%                 |
| Folate (as Active L-5-Methylfolate)                                         | 400 mcg DFE 100%            |
| Vitamin B12 (as Methylcobalamin)                                            | 2.4 mcg 100%                |
| Biotin (as D-Biotin)                                                        | 45 mcg 150%                 |
| Vitamin B5 (from d-Calcium Pantothenate)                                    | 5 mg 100%                   |
| Calcium (as Plant-based Aquamin® from Marine Algae and Dicalcium Phosphate) | 60 mg 5%                    |
| Phosphorus (from Dicalcium Phosphate)                                       | 8 mg 1%                     |
| Iodine (from Wild, Hand-harvested Kelp)                                     | 100 mcg 67%                 |

| Amount Per Serving                       | %DV        |
|------------------------------------------|------------|
| Magnesium (from Aquamin® Magnesium)      | 60 mg 14%  |
| Zinc (from Zinc Amino Acid Chelate)      | 10 mg 91%  |
| Selenium (as Selenium Glycinate Complex) | 50 mcg 91% |
| Copper (as Copper Citrate)               | 0.5 mg 56% |
| Manganese (as Manganese Sulfate)         | 1.5 mg 65% |
| Chromium (from Chromium Polynicotinate)  | 30 mcg 86% |
| Molybdenum (as Molybdenum Krebs Complex) | 40 mcg 89% |

| Organic Fruit & Vegetable Blend             |           |
|---------------------------------------------|-----------|
| Organic Blueberry (Berry)                   | 10 mg **  |
| Organic Carrot (Root)                       | 10 mg **  |
| Organic Kale (Whole Plant)                  | 10 mg **  |
| Organic Pomegranate (Whole Fruit Juice)     | 10 mg **  |
| Organic Raspberry (Berry)                   | 10 mg **  |
| Organic Spinach (Leaf/Stalk)                | 10 mg **  |
| Vitamin K2 (as Menaquinone MK-7 [K2VITAL®]) | 45 mcg ** |

\*\*Daily Value (DV) not established.

**Other Ingredients:** Hypromellose (Vegetarian Capsule), Modified Tapioca Starch (Non-GMO), Silica.