



NO GMOs



NO SOY



NO GLUTEN



VEGAN
FRIENDLY

NO COLORING,
PRESERVATIVES
OR FLAVORING



PROUD SUPPORTER

Suggested Use: Take 2 capsules daily with a meal and a full glass of water. For best results, take 1 capsule with breakfast and 1 capsule with dinner.

Does NOT contain GMOs, soy, gluten, dairy, eggs, fish, shellfish, tree nuts, peanuts, sesame, or preservatives. Suitable for vegans and vegetarians.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: Keep out of reach of children. As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before using this product. Store in a cool, dry place.

Do not use if safety seal under the lid is broken or missing.

Aquamin® is a registered trademark of Marigot Ltd.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Formulated and distributed by:
NATURELO Premium Supplements
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WF-TEEN-60-U-2401

NATURELO®
FROM NATURE WITH LOVE®

WHOLE FOOD MULTIVITAMIN

FOR TEENS

60
VEGETARIAN
CAPSULES

DIETARY SUPPLEMENT

FORMULATED TO SUPPORT
CLEAR SKIN, MENTAL FOCUS, & IMMUNE HEALTH*



Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving	%DV
Vitamin A (as Natural Beta Carotene from <i>Blakeslea trispora</i>)	675 mcg 75% RAE
Vitamin C (as L-Ascorbate and Acerola Cherry Extract)	75 mg 83%
Vitamin D3 (as Plant-based Cholecalciferol from Wild-harvested Lichen)	15 mcg 75% (600 IU)
Vitamin E (as d-Alpha Tocopheryl from Sunflower)	12 mg alpha 80% tocopherol
Vitamin B1 (from Thiamine HCl)	1.2 mg 100%
Vitamin B2 (Riboflavin)	1.3 mg 100%
Vitamin B3 (as Niacinamide)	12 mg NE 75%
Vitamin B6 (from Pyridoxal-5-Phosphate)	1.7 mg 100%
Folate (as Active L-5-Methylfolate)	300 mcg 75% DFE
Vitamin B12 (as Methylcobalamin)	2.4 mcg 100%
Biotin (as D-Biotin)	25 mcg 83%
Vitamin B5 (from d-Calcium Pantothenate)	5 mg 100%
Calcium (as Aquamin® from Marine Algae and Dicalcium Phosphate)	105 mg 8%
Iron (from Ferrous Fumarate)	4 mg 22%
Phosphorus (from Dicalcium Phosphate)	50 mg 4%
Iodine (from Wild, Hand-harvested Kelp)	120 mcg 80%

Amount Per Serving	%DV
Magnesium (from Aquamin® Magnesium)	105 mg 25%
Zinc (from Zinc Amino Acid Chelate)	8 mg 73%
Selenium (as Selenium Glycinate Complex)	40 mcg 73%
Copper (as Copper Citrate)	0.5 mg 56%
Manganese (as Manganese Sulfate)	1.5 mg 65%
Chromium (from Chromium Polynicotinate)	24 mcg 69%
Molybdenum (as Molybdenum Krebs Complex)	34 mcg 76%
Potassium (from Potassium Chloride)	5 mg <1%
Organic Fruit & Vegetable Blend	30 mg **
Organic Blueberry (Berry), Organic Carrot (Root), Organic Kale (Whole Plant), Organic Pomegranate (Whole Fruit Juice), Organic Raspberry (Berry), Organic Spinach (Leaf/Stalk)	
Rutin (from <i>Sophora japonica</i>)(Bud)	5 mg **
Lutein (from Marigold Flowers)	500 mcg **
Lycopene	180 mcg **
Zeaxanthin (from Marigold Flowers)	100 mcg **
Vitamin K2 (as Menaquinone MK-7 [K2VITAL®])	45 mcg **

**Daily Value (DV) not established.

Other Ingredients: Hypromellose (Vegetarian Capsule), Rice Concentrate, Modified Tapioca Starch (Non-GMO).

Best Before: See date on bottom.