Plum FlowerTM Yin Chiao is a centuries old Chinese herb formula perfectly suited to today. Its nine herbs work in harmony to balance our bodies stressed by exposure to challenging environments.

Help Yin Chiao work for you: get rest and drink plenty of fluids, avoid tobacco, alcohol, and sugary and spicy foods. plumflowerherbs.com













Supplement Facts

Serving Size 4 Tablets

Servings per container 24	
Amount Per Serving % Daily Value	Amount Per Serving % Daily Value
Proprietary Extract Blend 2400 mg	Mint herb/ Mentha haplocalyx herb/ Bo he
Honeysuckle flower/ Lonicera japonica †	Prepared soybean/ Glycine max seed/
flower/ Jin yin hua	Dan dou chi
Forsythia suspensa fruit/ Lian qiao 📑	Licorice root/ Glycyrrhiza uralensis root/
Burdock seed/ Arctium lappa fruit/ †	Gan cao
Niu bang zi (chao)	Schizonepeta tenuifolia herb/ Jing jie
Balloon flower root/ Platycodon †	Lophatherum gracile herb/ Dan zhu ye
grandiflorum root/ Jie geng	† Daily Value not established.

Other ingredients: Microcrystalline cellulose, Dextrin, Silicon dioxide, Magnesium stearate Contains Soy. Take 4 tablets 3 times daily or as directed by your health care practitioner Keep out of reach of children

Distributed by Mayway Herbs, Oakland, CA USA US owned & family operated since 1969 - Made in China





around the world for seasonal challenges

Herbal Supplement

Net Wt. 2.03 oz (57.6 g) 96 tablets



Traditional Chinese Medicine (TCM) is powerful and can be complex. Consult a qualified health practitioner for best results.

TCM function

Clears early stage Wind-Heat or Toxic Heat in the Exterior. Not recommended for conditions due to Wind-Cold nor for long-term use. Often used in combination with Gan Mao Ling to augment treatment.

