

NEW LOOK, GREAT TASTE



✓ Every Batch 3rd Party Tested

126 mg Omega-3 DHA & EPA Essential Fatty Acids

Vitamin D for Immune Support & Bone Health\*

Vitamin B12 Supports Energy Metabolism\*

CoQ10 for Heart Health\*

Free of synthetic colors, gluten, wheat, milk, eggs, peanuts, sesame, soy, tree nut allergens, fish allergens, and shellfish.

Blueberry, Orange, and Lemon Crème Flavors with Other Natural Flavors



# SMARTY PANTS®

WHOLE BODY HEALTH\*

## Women's Multi & Omegas

Premium all-in-one multi for daily nutrition support.\*



180 Gummies

Dietary Supplement

## Supplement Facts

Serving Size 6 Gummies  
Servings Per Container 30

| Amount per 6 Gummy Serving                           | % Daily Value    |      |
|--|------------------|------|
| Calories   | 40               |      |
| Total Fat  | 0.5 g            | <1%  |
| Cholesterol  | <5 mg            | 2%   |
| Total Carbohydrate                                   | 9 g              | 3%†  |
| Total Sugars   | 6 g              | **   |
| Includes 6 g Added Sugars                            |                  | 13%† |
| Vitamin A (as retinyl palmitate)                     | 270 mcg          | 30%  |
| Vitamin C (as ascorbic acid)                         | 45 mg            | 50%  |
| Vitamin D (vitamin D3 as cholecalciferol)            | 50 mcg (2000 IU) | 250% |
| Vitamin E (as d-alpha-tocopherol from sunflower oil) | 12 mg            | 80%  |
| Vitamin K (vitamin K1 as phylloquinone)              | 40 mcg           | 33%  |
| Thiamin (vitamin B1 as thiamin mononitrate)          | 0.12 mg          | 10%  |
| Riboflavin (vitamin B2)                              | 0.26 mg          | 20%  |
| Niacin (vitamin B3 as inositol niacinate)            | 4 mg             | 25%  |
| Vitamin B6 (as pyridoxine HCl)                       | 1.5 mg           | 88%  |
| Folate (as L-methylfolate, calcium salt)             | 400 mcg DFE      | 100% |
| Vitamin B12 (as methylcobalamin)                     | 4 mcg            | 167% |
| Biotin   | 45 mcg           | 150% |
| Choline (as choline bitartrate)                      | 11 mg            | 2%   |
| Iodine (as potassium iodide)                         | 150 mcg          | 100% |
| Zinc (as zinc citrate)                               | 4 mg             | 36%  |
| Selenium (as sodium selenite)                        | 14 mcg           | 25%  |
| Chromium (as chromium picolinate)                    | 7 mcg            | 20%  |
| Sodium   | 25 mg            | 1%   |
| Fish Oil   | 510 mg           | **   |
| Total Omega-3 Fatty Acids                            | 162 mg           | **   |
| EPA and DHA  | 126 mg           | **   |
| Coenzyme Q10 (as ubiquinone)                         | 30 mg            | **   |
| Inositol (as inositol niacinate)                     | 1 mg             | **   |

† Percent Daily Values are based on a 2,000 calorie diet.  
\*\* Daily Value not established.

Better for you with premium ingredient sources.

6 gummies for a nutrient-dense serving with great taste.

Each serving has approx. the same amount of sugar as 1/3 of a banana.†



PROUD SUPPORTER

Our partnership provides life-changing nutrients to women and children in the U.S. and globally.

**DIRECTIONS:** Adult women take 6 gummies daily. May be taken with or without food.

Store in a cool dry place. Do not freeze. Product may darken over time.

**WARNING:** Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended daily serving.

**CUSTOMER SUPPORT:** 1 (888) 751-2291  
hoot@smartypantscorp.com | smartypantsvitamins.com

Manufactured in California from domestic and imported ingredients.

This product does not contain common GE genes or proteins. Visit igenprogram.com.

†Based on USDA Food Data Central. Not a substitute for a healthy & balanced diet rich in whole fruits and vegetables.

**Other Ingredients:** Organic Cane Sugar, Organic Tapioca Syrup, Gelatin, Pectin, Citric Acid, Colors Added (Organic Black Carrot Juice Concentrate, Organic Turmeric), Natural Flavors, Organic Sunflower Oil, Organic Carnauba Wax.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

LEARN MORE



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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.