

### SUGGESTED USE:

Ages 4+, take up to 2 gummies daily or as recommended by a physician or healthcare professional.  
Do not exceed the recommended dose.

### KEEP OUT OF REACH OF CHILDREN

We genuinely care about all our customers. Please consult with a physician or healthcare professional before starting any health supplement, especially if pregnant or lactating, taking medication, or if you have a medical diagnosis.  
Discontinue use if any negative reaction occurs.

**THIS PRODUCT IS MADE WITHOUT:**  
Gelatin, Peanuts, Tree Nuts, Fish, Shellfish, Gluten, Milk, Eggs, Soy, and Sesame.



MARY RUTH'S®

ORGANIC

KIDS

MULTIVITAMIN  
GUMMIES



= Mixed Berry & Cherry =  
Flavored

Dietary Supplement  
60 Gummies

### CONTACT US

We love to hear from our customers.  
Questions? Feedback?

Please feel free to call or email us!  
[WeCare@MaryRuthOrganics.com](mailto:WeCare@MaryRuthOrganics.com)

(310) 955-1353

## Supplement Facts

Serving Size 2 Gummies

Servings Per Container 30

|                                              | Amount Per Serving | % DV |
|----------------------------------------------|--------------------|------|
| Calories                                     | 15                 |      |
| Total Carbohydrate                           | 4 g                | 1%   |
| Total Sugars                                 | 4 g                | 1%   |
| Includes 4g Added Sugars                     |                    |      |
| Vitamin A (as Retinyl Palmitate)             | 200 mcg            | 20%  |
| Vitamin C (Ascorbic Acid)                    | 20 mg              | 20%  |
| Vitamin D (as Cholecalciferol)               | 5 mcg (240 IU)     | 20%  |
| Vitamin E (as D-Alpha Tocopherol Acetate)    | 7 mg               | 40%  |
| Vitamin B6 (as Pyridoxine Hydrochloride)     | 1.7 mg             | 100% |
| Folate (as Methylfolate)                     | 200 mcg (DFF)      | 50%  |
| Vitamin B12 (as Methylcobalamin)             | 2.4 mcg            | 100% |
| Biotin (as D-Biotin)                         | 5 mcg              | 20%  |
| Pantothenic Acid (as Calcium D-Pantothenate) | 2 mg               | 40%  |
| Iodine (as Potassium Iodide)                 | 40 mcg             | 20%  |
| Zinc (as Zinc Citrate)                       | 2 mg               | 18%  |
| Sodium                                       | 10 mg              | <1%  |

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
†Daily Value (DV) not established.

Other Ingredients: Organic Glucose Syrup, Organic Cane Sugar, Purified Water, Pectin, Organic Malic Acid, Citric Acid, Organic Sunflower Oil, Organic Vegetable Juice Color, Organic Fruit Juice Color, Natural Flavors, Organic Carnauba Wax, and Sodium Citrate.

Distributed by MRD MaryRuth, LLC | Los Angeles, CA 90035

[www.maryruthorganics.com](http://www.maryruthorganics.com)

Certified Organic by CCOF

PRODUCT OF EU

All Ingredients are VEGAN and NON-GMO