

Built by Science.
Driven by Obsession.
Elevated Through Innovation.

If it's on our labels, then it's in our bottles. Get lit and train with focus, intensity and pumps.*

Proven Ingredients.
Proven Doses. Clinical Quality.
Real Science. Real Results.



NOTICE: Significant product settling may occur.
Gluten Free, Sugar Free.
This product contains 250 mg of caffeine.
KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
BEYONDRW.COM

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

BEYOND RAW®

LIT™

CLINICALLY DOSED
PRE-WORKOUT

FRUIT PUNCH

NATURAL & ARTIFICIAL FLAVOR

250mg

CAFFEINE

3g

L-CITRULLINE

3.2g

BETA-
ALANINE

30 SERVINGS

NET WT. 14.29 OZ. (405 G)

DIETARY SUPPLEMENT

CODE 369923

DIRECTIONS: As a dietary supplement, mix one scoop in 8 fl. oz. of cold water and consume pre-workout. On non-training days, consume one serving for additional energy and focus.* Consume ample amounts of water while taking this product. Do not take near bedtime.

BXG-7590

Supplement Facts

Amount Per Serving		% Daily Value
Serving Size 1 Scoop (13.5 g)		
Servings Per Container 30		
Calories	10	
Total Carbohydrate	2 g	1%†
Total Sugars	0 g	
Includes Added Sugars	0 g	0%†
Sodium	20 mg	<1%
Beta-Alanine (as CarnoSyn®)	3.2 g	*
Citrulline (as L-Citrulline)	3 g	*

Amount Per Serving		% Daily Value
Creatine (as Creatine Monohydrate)	1.5 g	*
Nitrosigine® Arginine Inositol	1.5 g	*
Caffeine	250 mg	*
elevATP®	150 mg	*
Ancient Peat Apple Fruit Extract		
Coffea arabica Fruit Extract	100 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Natural & Artificial Flavors, Citric Acid, Malic Acid, Calcium Silicate and Less than 2%: Acesulfame Potassium, Ethylcellulose, FD&C Red Dye #40, Hydroxypropyl Methylcellulose, Medium Chain Triglycerides, Oleic Acid, Potassium Silicate, Salt, Sucralose.

Manufactured in a plant that produces milk and peanut products.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery. For adult use only. Taking this product may cause tingling and flushing sensations. These sensations may be enhanced if taken close to or during exercise. Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov/food.

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