## **Nutrition Facts**

Servings Per Container 30				
Amount Per Serving	Amount per 8 cz. Water	% Daily Value with Water	Amount per 8 oz. Non fat milk	% Daily Value with Milk
Calories	95	t	181	†
Calories from Fat	4.33	1	10.33	1
Total Fat	0.38 g	1%	0.78 g	1%
Saturated Fat	0.11 g	1%	0.41 g	2%
Cholesterol	0.9	0%	5 g	2%
Sodium	64.46 mg	3%	191.46 mg	8%
Total Carbohydrates	6.04 g	2%	17.94 g	6%
Dietary Fiber	2.61 g	12%	2.61 g	10%
Sugars	2.89 g		14.89 g	

# + Daily Value not established.

Glutamic Acid Aspartic Acid Arginine\*\* 2690 mg 1806 mg 1383 mg 1341 mg 1109 mg Alanine Methionine\*

\*\*Essential Amino Acids (amount in 30.3g of powder)

Other ingredients: Protein matrix (pea protein isolate and rice protein concentrate), natural cocoa powders (dark & regular), fructose, xylitol, natural chocolate flavors, chia seed, erythritol, mescuite flour, nonal cartus, stevia, maltodextrin





# Leanology Nutritional Shake - CHOCOLATE

Scientifically-formulated and physician-approved, Leanology Nutritional Shakes support your healthy weight loss in the following key ways.

The Ideal Meal Substitute	Leanology shakes help you lose weight since they contain far less carbohydrates, fat and calories than most normal meals (less than 3 g of sugar and 0.4 g of fat per serving)
Satisfies Hunger & Controls Appetite	These shakes contain specific ingredients that both satisfy your hunger and help control your appetite for hours
Delicious and Quick & Easy	Leanology shakes taste great, plus they take only minutes

#### Leanology Nutritional Shakes are the Great Weight Reducer

They help you... reduce calories... reduce meal prep time... reduce your weight!

#### Each serving provides

- . BALANCED CALORIES to belo maintain energy
- . Over 16 g of PROTEIN from "Heart-Healthy" pea, rice, chia and mesquite . DIETARY FIBER to support a healthy digestive system
- . NUTRIENTS from the Sonoran Desert (nopal, mesquite and chia) for energy & vitality Directions: Add 1-2 scoops into 8 oz. of icy cold water or fat free milk, mix, blend or shake until

### smooth. Serving scoop included, but may settle to the bottom during shipping. Suggested Use:

For weight loss - Enjoy one to two shakes a day as a meal substitute or as directed by a healthcare professional. For best results use in conjunction with the Leanology weight loss capsules. (1-2 scoops per serving)

For a snack in-between meals - Enjoy a shake as a healthy snack in-between meals. It's a delicious and healthy way to control your appetite and satisfy your hunger. (1 scoop per serving) Storage Instructions: Reseal and store in a cool dry place. Do not refrigerate.