

SUGGESTED USAGE: As a dietary supplement, take 3 softgels 2 to 3 times daily with food, or as directed by your healthcare practitioner.

HOW IT WORKS: Flax Seed Oil has an abundance of alpha-Linolenic Acid, an Omega-3 fatty acid that can be converted into Eicosapentaenoic Acid (EPA). Omega-3 fatty acids are essential nutrients that are poorly represented in the American diet. These important fatty acids help to support a healthy and balanced immune system, are important for cardiovascular health, and promote the maintenance of healthy skin.* This Flax Seed Oil has been cold processed to be as close to the original seed oil composition as possible. Care has been taken to bring this product to market in softgels, a delivery form that hermetically seals the oil and protects it from oxidation and contamination. No preservatives, additives, bleaches or fillers are used with this oil.

CAUTIONS/INTERACTIONS: Flax seed oil is generally well tolerated, but has been associated with mild gastric disturbances. Some evidence suggests that flaxseed may moderately interact with anti-coagulant and estrogen medications. For more information on this product go to www.protocolforlife.com/P1770

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CODE
P1770
V6



PROTOCOL
FOR LIFE BALANCE®

Flax Seed Oil

1000 mg

- Made with Organic Flax Oil
- Supports Cardiovascular Health*
- Cold-Pressed & Unrefined

120 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 3 Softgels Servings Per Container 40

	Amount Per Serving	% Daily Value
Calories	25	
Calories from Fat	25	
Total Fat	3 g	5%*
Saturated Fat	< 0.5 g	2%*
Trans Fat	0 g	†
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	0.5 g	†
Cholesterol	0 mg	0%
Organic Flax Seed Oil (<i>Linum usitatissimum</i>)	3 g (3,000 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, carob).

Formulated & Distributed by Protocol For Life Balance®
395 S. Glen Ellyn Rd., Bloomington, IL 60108, USA

Certified Organic by Quality Assurance International.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. Store in a cool, dry place after opening. Please Recycle.

Each serving may also provide the following naturally occurring amounts of polyunsaturated fats and monounsaturated fats:

Linolenic Acid (Omega-3) 55%; Linoleic Acid (Omega-6) 14%; Oleic Acid (Omega-9) 19%; Other (Saturated) 12%